

# ANNUAL REPORT 2022-23



"If you can't feed a hundred people,  
then feed just one."

-Mother Teresa

We are delighted to present the Annual Report for the years 2022-2023, highlighting the impactful work undertaken by the Nityaasha Foundation. This year, Nityaasha is set to complete its successful "10 years of holistic approach services for Type 1 diabetes children and young people" from socio-economically weaker sections of the society.

The Nityaasha Foundation was established through the Philanthropic vision of Mr. Farook Merchant and Mrs. Nasima Merchant and Messung Group of Companies, with a Managing Committee comprised of eminent and experienced members of society. It is a registered charitable trust and commenced its operations on 25th July 2013 in Pune.

The foundation primarily focuses on children and young people living with Type 1 diabetes between the age of 0-23 years of age from the economically weaker section of society. Type 1 diabetes, also known as juvenile diabetes, is an auto-immune disorder where the body's immune system destroys the insulin-producing cells in the pancreas.

The foundation supports them by providing free medical aid and taking care of their annual pathology tests, annual check-ups, and social counselling, along with continuous monitoring and education through regular home visits and follow-up phone calls which enables them to manage this disorder hence leading them to a normal life. Presently, we have 151 Type 1 diabetes children under our care.

Nityaasha works closely with Endocrinologists and Diabetologists from various hospitals in and around Pune, Sangli, Ahmednagar, Beed, Nashik, Thane, etc. We have started a series of sessions on continuous medical education (CME) to help T1DM children and parents understand the concept of disorders and their day-to-day management for a better quality of life.

On behalf of the Nityaasha Foundation, we extend our sincere gratitude to our generous supporters, donors, and volunteers who have made this work possible. Your unwavering belief in our noble cause has enabled us to touch the lives of Type 1 diabetes children, young people, and their families, providing them with hope, care, and a brighter future.



## VISION

To provide an equal opportunity for all to cherish the gift of life.



## MISSION

To bestow a healthy life by fulfilling the medical needs of the underprivileged through holistic support.



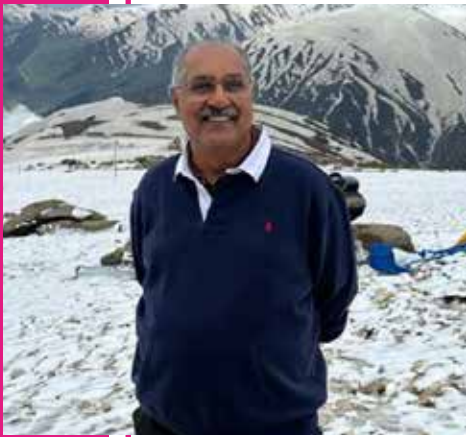


# NITYAASHA FOUNDATION'S MANDATE

**PROVIDES** free medical aid, like insulin, blood glucose test strips, syringes, lancets, & glucometers. It also takes care of their pathology tests, annual eye and dental checkups.

**MONITORS** the child's health on a continuous basis by making periodic home visits, school visits, and follow-up calls.

**EDUCATES** & motivates the children and the eco-structure around them to deal with this disorder. The families are educated on Type 1 Diabetes with diet and social counseling sessions conducted during home and Nityaasha centre visits.



Mr Farook Merchant

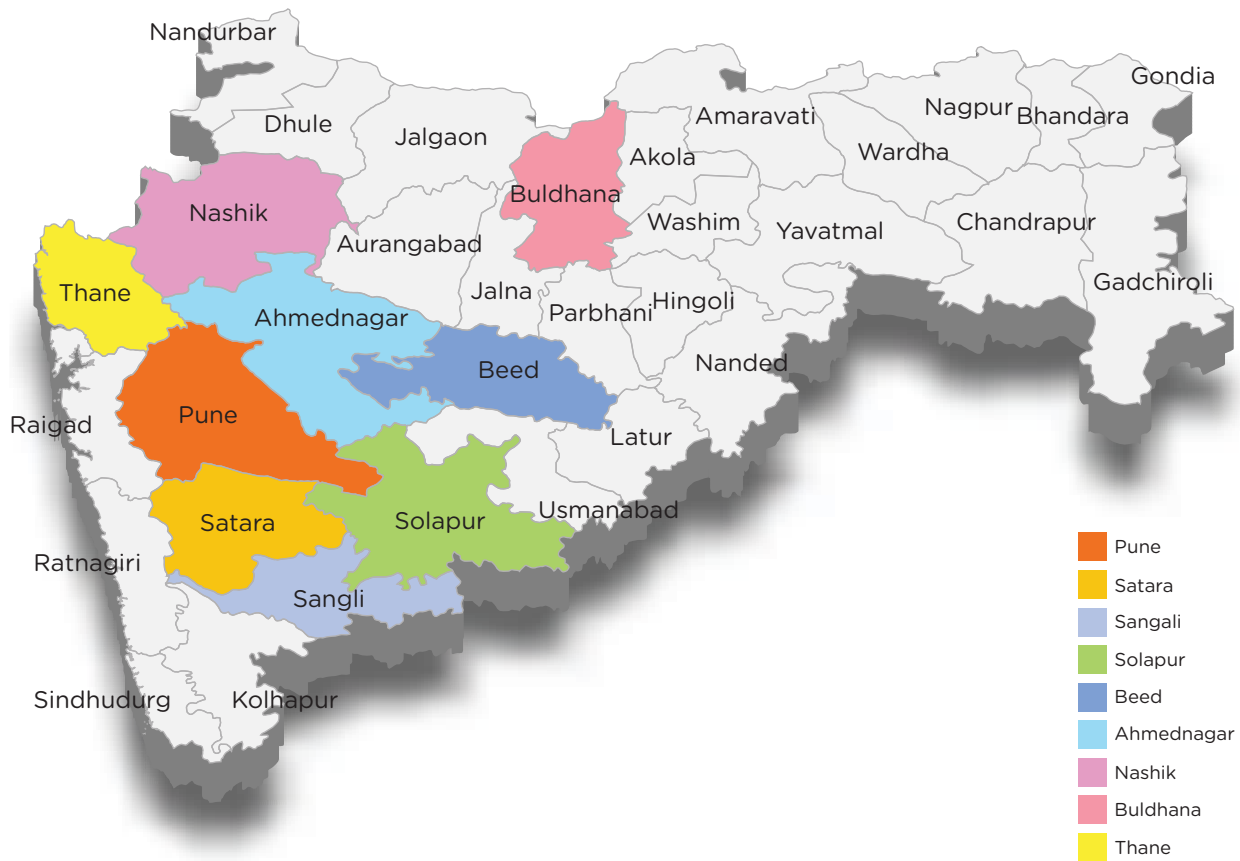


Mrs Nasima Merchant



# OUR REACH

Nityaasha's helping hands reach out to needy children across Pune and beyond. We are helping children accross towns and rural interiors in different districts of Maharashtra-highlighted in colour on the map. We hope to spread our network of care to many more regions in the future.



## LOCATION OF REGISTERED CHILDREN

### URBAN AREA

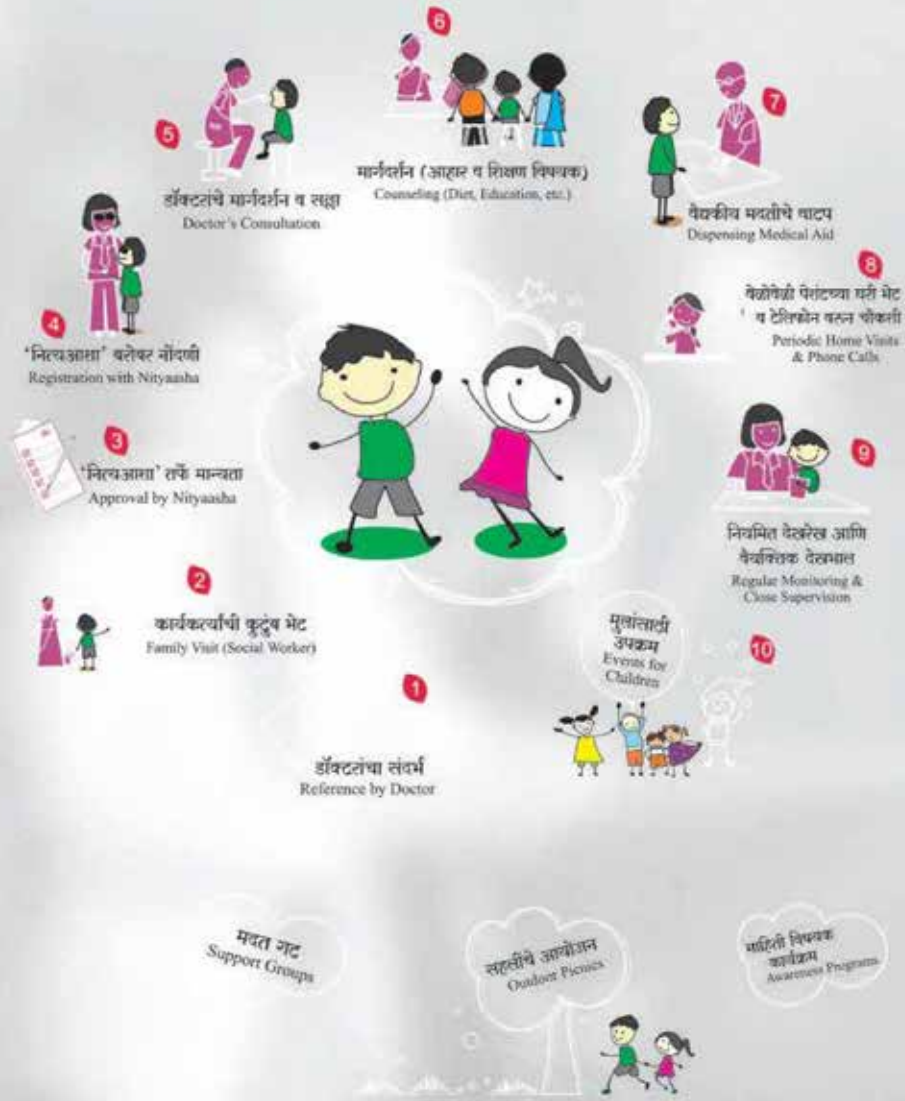
- Katraj
- Bhosari
- Wagholi
- Thergaon
- Chakan
- Bavdhan
- Bhugaon
- Nigdi
- Vishrantwadi
- Hadapsar
- Khadki
- Uralikanchan
- Hinjewadi
- Koregaon Park
- Camp
- Dhanori
- Mundhwa
- Ambegaon
- Chinchwad

### RURAL AREA

- Ghatane-Solapur
- Munjawadi-Phaltan
- Junnar
- Baramati
- Ashti-Beed
- Singnapur-Purandar
- Alandi
- Jejuri-Purandar
- Nasrapur
- Velu-Bhor
- Lonavala
- Salpe-Satara
- Mulshi
- Shelgaon-Baramati
- Mahabaleshwar
- Junnar
- Talegaon
- Satara
- Rahuri

# NITYAASHA PROGRAM LIFECYCLE

The process of selecting a child as our beneficiary follows a stringent set of rules that govern the procedure.



# ANNUAL REPORT 2022-2023

## 1. SERVICES PROVIDED BY NITYAASHA



183

### Home visit

Unique feature of Nityaasha is to do home visit by the team for regular monitoring for day-to-day management by the T1DM enrolled children & young person. Also, diet & social counselling, insulin storage, BSL monitoring & T1DM awareness are focus in the visit.



3347

### Follow-up calls

Regular follow-up calls to get the feedback of their regular routine and close monitoring on their BSL level. Special counselling for the children who are in Red category (HbA1c above 10%)



27

### No. of new registered children



926

### Nityaasha center visit

Children enrolled in Nityaasha are scheduled to come and collect medical aid once in 2 months and the dispensing day is scheduled twice in a week on Tuesday & Thursday. Special cases like Red category children come every month for close monitoring & children commuting from long distance are sometimes dispensed medical aid for 3 months.

No. of children for a center visit for psycho-social counselling, education of day-to-day T1DM management at home and disbursement of medical aid.

Insulin was dispensed from the Medplus Vimannagar Nagar store.



13

### No. of phased-out children



141  
(April 2022)

151  
(March 2023)

### No. of registered children

T1DM children intake capacity has increased up to 150 and there are many referrals from the new doctors (Diabetologist & Endocrinologist)



142

### Annual eye check-up



276

### Pathology test

A. Annual pathology check-up: It was scheduled in December 2022 - January 2023. 148

B. HbA1c test (Half yearly & Red category children): It is scheduled in June & July 2022. 128



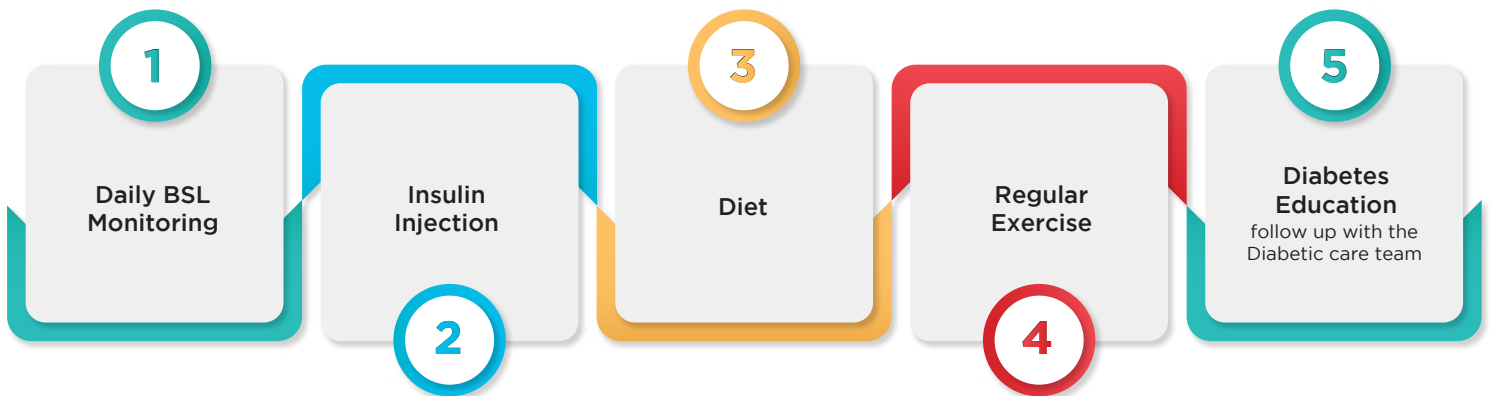
## 2. HIGHLIGHT MONITORING ACTIVITIES:

### Half yearly pathology test & annual pathology test (Red Category - HbA1c above 10%):

- This year we have coordinated with A.G. Diagnostic Pvt. Ltd. and planned 2 days half yearly pathology test (HbA1c Camp). It was conducted at conference room, Sky Vista, Vimannagar. First camp was on 9<sup>th</sup> June 2022 and 92 children test were done. On 7<sup>th</sup> July 2022, 2<sup>nd</sup> half yearly HbA1c test was done and 36 children completed HbA1c test. Total 128 children were tested.
- Annual pathology test is always scheduled in December and January every year. We have completed 143 children test as per scheduled and 5 children test were completed till March 2023. Total number of children - 148.

Pathology Test	Month	No. of children test done	No. of children in Red category
Half yearly HbA1c test	June - July 2022	128	41
Annual pathology test	December 2022 - March 2023	148	54

- Ongoing continuous monitoring strategies are planned for Red Category children, focusing on 5 pillars of diabetes management:



### Some action taken for the Red category children:

- Home Visit: It is a unique monitoring plan in Nityaasha by Medical Social Workers (MSW) and Managing Committee Members. Special home visits are scheduled for the children whose HbA1c is > 10%. MSW cross-checks the daily BSL monitoring through the Glucometer and Glucose Diary in front of the T1DM child & parents. Also checks insulin storage, injection sites, insulin dose titration, dietary habit, daily activity - exercise, etc.
- Regular follow-up calls: Nityaasha team gives regular follow-up calls for children in the red category.
- WhatsApp Group for Daily monitoring: Groups are created by the team and ask them to share their daily glucose diary & dietary intake. Nityaasha team also regularly shares do & don't in diabetes, diabetic recipes, educational information in the group, etc.
- Counselling session: Specially counselling sessions are planned for Red category children in the Nityaasha Centre during their centre visit (usually T1DM child comes to collect medical aid) once in 2 months. For Severe Red category children, the team dispenses

medical aid only for one month, hence the frequency of interaction with the Nityaasha team and T1DM child & family members increases.

- Peer group counselling & support groups: As of now 2 support groups have been formed by the Nityaasha team. Peer group counselling are done during the visit at the centre by the T1DM Young Adolescent or T1DM volunteers.
- Educational Session by the doctor: Focus on the importance of maintaining normal BSL and target HbA1c to avoid diabetes complications, a series of CME sessions (Continuous Medical Education) by Dr. Arudhatee Khare were conducted. A total of 7 sessions were completed and the topics covered were: T1DM - self management, Type of Insulin, Insulin storage & Technique, carb counting calculation (IS Ratio & IC Ratio) & Insulin dose titration, Hypoglycemia & Hyperglycemia management, Exercise with Diabetes, Sick Day management etc.

### 3. OTHER ACTIVITIES:

#### April 2022:

- LFAC Report -Annual clinical data for 99 children sent on 8<sup>th</sup> April 2022.
- On 05.04.2022, Ms. Supriya Mali resigned from the post of pharmacist.
- Nityaasha MIS meeting was held on 29.04.2022 and team reported for the month of Jan - Mar 2022.

#### May 2022:

- Preparation for Annual Eye check-up in the coordination with Asian Eye Hospital, Pune. Meeting with Dr. Shrutika Kankaria on 11<sup>th</sup> May 2022 and she agreed to do free eye checkup and Fundoscopy test for Nityaasha enrolled children.
- Coordinated with Mr. Manshukbhai, Mitticool Clay Creation and 15 Mitticool refrigerators were ordered for storage of insulin to those children who do not have access to refrigerator.

#### June 2022:

- On 9<sup>th</sup> June 2022, Annual Eye Check-up with Asian Eye Institute, Pune along with a Half Yearly HbA1c test with A.G. Diagnostic Pvt. Ltd. was conducted at the conference room, Sky Vista. 92 children's eye check-ups and an HbA1c test were done.
- The 24<sup>th</sup> Nityaasha Managing Committee Meeting was held on 18<sup>th</sup> June 2022, Saturday at Merchant Bungalow, Kalyani Nagar.
- Coordinated with Dr. Arundhatee Khare and the 1<sup>st</sup> CME session on diabetes care and self-management was conducted on 25<sup>th</sup> June 2022. 23 adolescents children along with their parents attended the session.

#### July 2022:

- On 7<sup>th</sup> July 2022, Annual Eye Check-up and Half Yearly HbA1c test was conducted at the Conference room, Sky Vista for the remaining children. 36 children's eye check-ups and an HbA1c test was done.



- 2<sup>nd</sup> CME session on Diabetes Care and Self-Management by Dr. Arundhatee Khare was held on 9<sup>th</sup> July 2022. 31 T1DM Adolescents & children along with their parents attended the session.
- On 27<sup>th</sup> July 2022, received Accu-Chek Instant Strips (100/Pack) - 1430 pkts, Accu-Chek Softclix (200/Pack) - 136 and Accu-Chek Instant Meter Set -136 from LFAC through Roche Diabetes Care India Private Limited (costing amount of Rs. 10,01,000).

### **August 2022:**

- 3<sup>rd</sup> CME session on Diabetes Care and Self-Management specially focus on type of insulin and its action by Dr. Arundhatee Khare was held on 13<sup>th</sup> August 2022. There were 27 T1DM adolescents & children along with their parents attended the session.
- 17<sup>th</sup> August 2022, received 252 pack (5 cartridges per pack) Basaglar from Samatvam Science & Research for Human Welfare Trust, Bengaluru (approx. cost of Rs. 6,86,700).

### **September 2022:**

- 4<sup>th</sup> CME session on Diabetes Care and Self-Management specially focused on calculation of ICR (Insulin Carbohydrate Ration) & ISR (Insulin Sensitivity Ration) and titration of insulin dose by Dr. Arundhatee Khare was held on 24<sup>th</sup> September 2022. In this session, 16 T1DM adolescents & children along with their parents attended the session.

### **November 2022:**

- Inner Wheel Club of Pune Downtown President and 12 members visited Nityaasha center on 3<sup>rd</sup> November 2022. They have interacted with T1DM children enrolled in Nityaasha and also handover donation cheque of Rs.52,900/- for Annual Pathology Test which is scheduled in the month of December 2022 and January 2023.
- On 14<sup>th</sup> November 2022, Nityaasha organized an online program to celebrate Children's day cum World Diabetes Day. In this event the Nityaasha children and their parents had participated. People who have Type 1 diabetes for more than 20 years shared their life experiences to live happy and healthy.
- 26<sup>th</sup> November 2022, 5<sup>th</sup> CME session on calculation of IS Ration and IC Ration and dose adjustment was conducted at Nityaasha Center by Dr. Arundhatee Khare. 19 children along with their parents attended the session.
- We are happy to announce that "Panorama Global - The T1D Community Fund "has approved a grant for Nityaasha Foundation in the amount of USD \$60,000, total over a period of approximately two years.

### **December 2022:**

- 10<sup>th</sup> December 2022, 6<sup>th</sup> CME session on hypoglycaemia and its management was conducted at Nityaasha Center by Dr. Arundhatee Khare. 19 children along with their parents attended the session.
- Received 9 blankets from Inner Wheel Club of Pune Downtown on 15<sup>th</sup> December 2022 and distributed to needy children come from rural area.
- One day picnic for Nityaasha's young people was organized on 24<sup>th</sup> December 2022 at Tikona Farm, Mulshi. 28 enrolled T1DM young people (age above with 15 years) along with 3 ex- Nityaasha T1DM and 5 Nityaasha team members participated for the picnic.

- Regular coordination with AG Diagnostic Lab. & KEM Hospital Diabetic unit team for ongoing Annual Pathology test.
- On 21st December 2022, It is our great privileged to highlight that we have received a grant of \$30,000 (Rs.24,74,250) from Panorama Global - The T1D Community Fund.

### **January 2023:**

- The 25<sup>th</sup> Nityaasha Managing Committee Meeting was held on 7<sup>th</sup> January 2023, Saturday at Nityaasha Office C/O Messung System Pvt. Ltd, Sky Vista, Viman Nagar.
- 50 copies of Nityaasha's Calendar were printed and sent to Nityaasha Managing Committee members, doctors, donors, and well-wishers
- LFAC have grant permission to buy Basaglar 350 cartridges from a local store - Medplus. Purchased & received an amount of Rs.205,601/- from LFAC.
- Coordinated with Mr. Prashant Pethe, Blue Brigade Runners team for Ultra 338 Km run for 72 hours from 18<sup>th</sup> to 21<sup>st</sup> January 2023. The aim of this run was to spread awareness of diabetes and support Nityaasha Foundation for Type 1 Diabetes children. A link was created and shared with them and also uploaded on Nityaasha website.
- Mr. Ajay Desai, Mr. Prashant Pethe & Mr. Shyamal Mondal of the Blue Brigade Runners team for their commendable contribution of completing 338 Kms and spreading awareness of Nityaasha's work. They have collected a total amount of Rs.370,051/-.
- A session on self-realization for the caretaker by Dr. Radika Rawat was organized for the mothers of T1DM children enrolled in Nityaasha center on 20<sup>th</sup> January 2023. Total 26 mothers participated in the session.
- JM Financial Foundation as a part of their corporate social responsibility have been working towards rural transformation in extremely backward and extremism-affected villages of 7 blocks in the Aspirational District of Jamui, Bihar. They have requested an online capacity-building session for their 37 health workers based at Jamui, Bihar to orient them on various aspects of Diabetes like Identification, Screening, Treatment, and Complication. An online session was conducted on 31st January 2023 from 11:30 am to 1:00 pm.

### **February 2023:**

- Received mail from People to People Health Foundation (PPHF), New Delhi for the continuation of the Sanofi project in association with them. Also, Sent the documents requested by them.
- 1<sup>st</sup> February 2023, Rotary Club of Poona West, Dist.3131 Dr. Himanshu Bapat along with a Rotarian member visited Nityaasha Center. They interacted with Mr. Farook Merchant and also with children. We submitted an appeal letter for vehicle requirements to them.
- 3 MSW students from Tilak Maharashtra Vidyapeeth are doing their fieldwork placement at Nityaasha center from 16<sup>th</sup> February to 15<sup>th</sup> April 2023.
- 3 students from Symbiosis International School, Vimannagar are doing 50 hours of community service at Nityaasha Center.



## March 2023:

- 4<sup>th</sup> March 2023, Anjuman-I-Islam organized an NGO Meet for those organizations working for Women and Children in Pune. Mrs. Nasima Merchant, Mr. Jitendra Maid & Mrs. Subhashini were present for the meeting and interacted with other NGO members.
- 8<sup>th</sup> March 2023, On the occasion of International Women's Day, Mrs. Nasima Merchant Madam organized a special program for the Messung Group of Company ladies' employees' get-together at Poona Golf Club, Yerawada. All the ladies thoroughly enjoyed the program.
- MOU with Nityaasha and People to People Health Foundation (PPHF) signed and sent on 13.03.2023.
- 29<sup>th</sup> March 2023, Attended a free online webinar organized by NASSCOM on "Operations & Productivity Tools for Non-Profits".

## PHOTO GALLERY - NITYAASHA EVENTS & ACTIVITIES



# MAJOR EVENTS

## CHILDREN'S DAY CUM WORLD DIABETES DAY CELEBRATION:

Nityaasha Foundation celebrated Children's Day cum World Diabetes Day program through online platform via zoom on 14th November 2022 at 4:30 pm to 5:30 pm. This year the World Diabetes Day Global theme was "Education to protect tomorrow". Being Type 1 diabetes person, each day they keep a regular check of the BSL, taking the insulin injection upto 3 to 4 times a day, hence they are always pre-occupied in their minds with the diabetes management. Nityaasha feels each child is unique and all the children have the right to access happiness in their childhood.

Nityaasha always aims to spread happiness and bring smile on the faces of these children. This year we celebrated in different way, more focusing on cultural activities and organising Drawing competition. The competition was organized on 22<sup>nd</sup> October 2022, Saturday via "Google meet" at 12 noon. 25 children participated in this events and group were divided into 3 categories with age group of 5 - 10 years, 10 - 15 years and 15 years above. The theme of the drawing competition: a) Portrait of famous person b) Diwali or any objects and 3) Nature and its surrounding. All the participants drew beautiful drawings and it was selected for the best 3 prizes for each categories. All the participants in the drawing competition were given participatory gifts with certificates and winner were announced with their posters and honoured them with gifts and certificates.

We are happy to see the response of Nityaasha children and parents by sending videos of activities like dancing, singing, special recipes - cooking, shooting while doing farming etc. all these activities makes the events more colourful and meaningful. Nityaasha team would like to thanks all the participants for their support to make this program successful.

Nityaasha also felicitates our children achievers in academic for SSC & HSC of year 2020-2021 & 2021-2022 as well as sport achievers who took part in inter college and half Marathon.





# ONE DAY PICNIC

(GET -TOGETHER & INTERACTION WITH EX NITYAASHA CHILDREN)

Annual Picnic is one of the most awaited and popular event amongst all children in Nityaasha. The Covid pandemic restricted us for such get-togethers during recent years. The most awaited one day picnic was planned on 24<sup>th</sup> December 2022 Saturday at Tikona farm Tal.Mulshi.

There were 31 Type 1 diabetes adolescence, 3 ex - Nityaasha young diabetes along with 5 Nityaasha team members participated for the most awaiting one day picnic at Tikona Farm. Everyone in this picnic did not get tire throughout the event. The team also organized group game, interactive session with team building game.

From this picnic, we learnt that most children have their own extra- curricular hobbies and interests which we cannot observe on their regular home visit & Nityaasha center visit. Usually we saw a one way process, either MSW or parents spoke majority of time. This picnic created a stress free atmosphere to express their thoughts, spending valuable time with each other and finding out their comfort. All the children learnt that they must help each other, share their problem and try to solve it.



## SELF-REALIZATION SESSION FOR THE CARETAKERS

Nityaasha organized a special session for the Type 1 diabetes caretakers whose children are enrolled with Nityaasha. The theme of the session was “self-realization” and 26 mothers participated in this session.



This session was designed for full participation in a 2-way process. As old tradition, sometimes the name of the women are changed after marriage hence, they all introduced their names by which they wanted others to call them. Dr. Rawat asked them to share what are the most important things in their life. Most of the participants told that it was their family and children and only 2 women told that it was herself. Sometimes women forget themselves and their importance in their families. Dr. Rawat shared a beautiful story and intervene in the session.

Another activity during the session was to blow the balloon and play the way they used to play in their childhood. During this activity for a few moments all the women took full participation and enjoyed throwing and playing with balloons. At the end Dr. Rawat told them to blast those balloons, which few women blasted and few of them could not do it.



In another activity, Dr. Rawat brought colorful crystal stones and asked the women to choose them and then for a few seconds hold them in their hands and close their eyes. The interpreter asked them to draw anything they like on a blank paper provided to them with colorful crayons. After that, the women were told to share the picture drawn by each member and explained what they feel. Each woman shared their drawing linked with their childhood experiences and some women got emotional and cried while sharing it. The session ended with meditation and relaxation.

Most of the women realized that they were in constant stress of their Type 1 diabetes child and their future. Moreover, they were often occupied with their family responsibilities. They forget about their own life and always engaged their mind in household chores and family. This session made them realize every person has his/her own uniqueness. One should devote at least a few moments to herself/himself so that the person will live with calmness and happiness. So, each caretaker needs to spend time doing what she wants for herself. The cycle of Type 1 diabetes management for their child will keep going and the positive approach helps them to minimize their problem.



# PHOTO GALLERY - HOME VISITS





# PHOTO GALLERY - NITYAASHA CENTER VISIT





# ACADEMIC ACHIEVER'S YEAR 2022

## HSC BOARD EXAMS

A



**KARUNA  
KANDULNA**

**82.17%**  
(COMMERCE)



**SANIKA  
LONDHE**

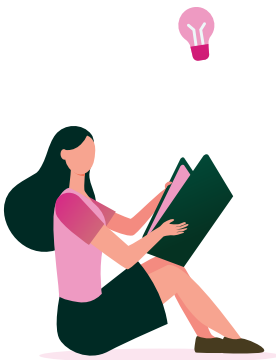
**77.83%**  
(SCIENCE)



**TEJASWINI  
PATIL**

**57%**  
(SCIENCE)

C



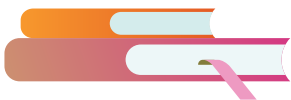
**SAMYAK  
NIMBALKAR**

**54%**  
(SCIENCE)



**OMKAR  
LANDGE**

**53.17%**  
(COMMERCE)



## SSC BOARD EXAMS

B



**SUHANI  
THOPTe**

**87.40%**



**RADHA  
MALANGNER**

**83.60%**



**YASH  
LONDHE**

**72.20%**

**B**

## HSC BOARD EXAMS



**MANSI  
KADAM**

50%



**PRANITA  
PAWAR**

38%



**ADIT  
SOLANKAR**

36.60%

**A**

## SPORTS ACHIEVERS



**SUMIT  
KOLPE**

BOLT THE GYM  
5 KM MARATHON



**AKSHATA  
JAGTAP**

2<sup>ND</sup> RUNNER UP  
WITH TEAM  
INTER COLLEGE  
FOOTBALL MATCH



# AUDIT REPORT 2022-2023

P.D Kudva & Co  
Chartered Accountants

4, Kumar Panorama,  
45/1B, Shankarsheth Road,  
Pune - 411037.

## REPORT OF AN AUDITOR RELATING TO ACCOUNTS AUDITED UNDER SUB-SECTION (2) OF SECTION 33 & 34 AND RULE 19 OF THE MAHARASHTRA PUBLIC TRUST ACT

Registration No : TRUST: PUNE E-6582  
Name of the Public Trust : NITYAASHA FOUNDATION  
For the year ending : 31ST MARCH 2023

(a) Whether accounts are maintained regularly and in accordance with the provision of the Act and the rules;	YES
(b) Whether receipts and disbursements are properly and correctly shown in the accounts;	YES
(c) Whether the cash balance and vouchers in the custody of the manager or trustee on the date of audit were in agreement with accounts;	YES
(d) Whether all books, deeds, accounts, vouchers, other documents or records required by the auditor were produced before him;	YES
(e) Whether a register of movable and immovable properties is properly maintained and the changes therein communicated from time to time to the regional office, and the defects and inaccuracies mentioned in the previous audit reports have been duly complied with;	YES
(f) Whether the manager or trustee or any other person required by the auditor to appear before him did so and furnished the necessary information required by him;	YES
(g) Whether any property or funds of the Trust were applied for any object or purpose other than the object or purpose of the Trust;	NO
(h) The amounts of outstandings for more than one year and written off, if any;	NO
(i) Whether tenders were invited for repairs or construction involving expenditure exceeding Rs.5000/-	YES
(j) Whether any money of the public trust has been invested contrary to the provisions of Section 35:	NO
(k) Alienations, if any of the immovable property contrary to the provisions of Section 36 which have come to the notice of the auditors;	NO
(l) All cases of irregular, illegal or improper expenditure, or failure or commission to recover monies or other property belonging to the public trust or of loss or waste of money or other property thereof & whether such	





expenditure, failure, omission, loss or waste was caused in consequence of breach of trust or misapplication of any other misconduct on the part of the trustees or any person while in the management of the trust;	NONE
(m) Whether the budget has been filed in the form provided by rule 16A;	YES
(n) Whether the maximum and minimum number of the trustees is maintained	YES
(o) Whether the meetings are held regularly as provided in such instrument;	YES
(p) Whether the minutes book or the proceedings of the meeting is maintained;	YES
(q) Whether any of the trustees has any interest in the investment of the trust;	NO
(r) Whether any of the trustees is a debtor or creditor of the trust;	NO
(s) Whether any irregularities pointed out by the auditors in the accounts of the previous year have been duly complied with by the trustees during the period of audit;	N.A.
(t) Any special matter which the auditor may think fit or necessary to bring to the notice of the Deputy or Assistant Charity commissioner;	NO
(u) Whether the amounts of contributions which are claimed as contributions towards corpus are contributions received during the year with specific directions that they shall form part of the corpus of the Public Trust As any earmarked fund of the capital nature.	N.A.

We have verified all the communications in writing received from the donors or written appeals to that effect and have satisfied ourselves that such contributions are towards corpus within the meaning of explanation and u/s.58 of Bombay Public Trusts Act, 1950.

Place : Pune  
Date : 08/09/2023  
UDIN : 23033025BGSRSC3392



As per our reports attached.  
For P D Kudva & Co  
Chartered Accountants  
FRN: 105396W

*P. D. Kudva*

CA P. D. Kudva - Partner  
Membership No. 033025



THE BOMBAY PUBLIC TRUST ACT, 1950  
SCHEDULE IX-C (Vide Rule 32)  
Statement of Income liable to contribution  
For the year ending 31<sup>st</sup> March 2023

**Name of Public Trust :** Nityaasha Foundation  
**Registration No. :** TRUST: E-6582 PUNE

	Rs.
I. INCOME AS SHOWN IN THE INCOME AND EXPENDITURE ACCOUNT (SCHEDULE IX)	75,97,161
II. ITEMS NOT CHARGEABLE TO CONTRIBUTION UNDER SECTION 58 AND RULE 32	
(i) Donation Received from other Public/Trusts and Dharamdas.	-
ii) Grant received from Government & Local Authorities	-
iii) Interest on Sinking or Depreciation Fund	-
iv) Amount spent for the purpose of secular education	-
v) Amount spent for the purpose of medical relief	55,73,361
vi) Amount spent for the purpose of veterinary treatment of animals	-
vii) Expenditure incurred from donation for relief of distress caused by scarcity, drought, flood, fire or other natural calamity	-
viii) Deductions out of income from lands used for agricultural purpose	-
(a) Land Revenue and Local Fund Cess	-
(b) Rent payable to superior landlord	-
(c) Cost of production if lands are cultivated by trust	-
(ix) Deductions out of income from lands used for non- agricultural purpose :-	-
(a) Assessment Cesses and other Government or Municipal Taxes	-
(b) Ground rent payable to the superior or landlord	-
(c) Insurance premia	-
(d) Repairs at 10 percent of gross rent of building	-
(e) Cost of collection at 4 percent of gross rent of building let out.	-



(x) Cost of collection of income or receipts from securities, stocks etc. at one percent of such income	-
(xi) Deductions on account of repairs in respect of buildings not rented and yielding no income at 10 percent of the estimated gross annual rent	-
Gross Annual Income chargeable to contribution	20,23,800
Amount of contribution computed and fixed under sub-section (1) of Section 58 and payable @ 2% of gross receipts. 4,048	Nil

Certified that while claiming deduction admissible under the above Schedule, the Trust has not claimed any amount twice either wholly or partly, against any of items mentioned in the Schedule which have the effect of double deduction.

Trust Address : Merchant Bungalow, 3C South Avenue,  
Behind Clover Mystique,  
Kalyani Nagar, Pune 411014

Place : Pune  
Date : 08/09/2023  
UDIN : 23033025BGSRSC3392



As per our reports attached.  
For P D Kudva & Co  
Chartered Accountants  
FRN: 105396W

CA P. D. Kudva - Partner  
Membership No. 033025

**NITYAASHA FOUNDATION**  
MERCHANT BUNGALOW, 3C SOUTH AVENUE  
BEHIND CLOVER MYSTIQUE, KALYANI NAGAR, PUNE-411 014

**Balance Sheet as at 31.03.2023**

2022 Amt (Rs.)	FUNDS & LIABILITIES	Sch No.	2023	2023	2022	ASSETS	Sch No.	2023	2023
			Amt (Rs.)	Amt (Rs.)	Amt (Rs.)			Amt (Rs.)	Amt (Rs.)
51,80,000	<b>Trust Funds or Corpus</b>		51,80,000			<b>Immovable Properties (at Cost)</b>			
	Balance as per last Balance Sheet					Balance as per last Balance Sheet			
	Additions during the year					Add: Additions during the year			
51,80,000	Closing Balance			51,80,000	-	Less: Depreciation			
	<b>Other Earmarked Funds</b>					<b>Investments</b>			
	(Created under the provisions of the trust deed or scheme out of the income)					<b>Fixed Assets</b>			
	Depreciation Fund				91,003	Balance as per last Balance Sheet	1	1,55,451	
	Sinking Fund				1,29,504	Add: Additions		36,491	
	Reserve Fund				-	Less: Sales during the year (W/off)		-	
	Any other Fund				(65,056)	Less: Depreciation		(48,044)	1,43,897
	Office Equipment Fund				1,55,452	<b>Loans</b>			
	Building Fund				-	<b>Advances</b>			
	Other (Earmarked Funds)				-	To Trustees		-	
	<b>Liabilities</b>				-	To Prepaid Expenses		-	
3,46,654	For Expenses		1,15,400		3,060	To Employees	-	7,480	
1,98,941	For Sundry Creditors		-		1,41,399	To Suppliers	-	22,553	
3,250	Tax Deducted at Source		2,000		1,44,459				30,033
800	Profession Tax		600	1,18,000					
					1,100	<b>IT Refund Receivable</b>			1,100
5,49,645						<b>Tax Deducted at Source (AY 23-24)</b>			4,921
						Accrued FD Interest			8,263
	<b>Income and Expenditure Account</b>					<b>Income Outstanding</b>			
(25,93,950)	Balance as per last Balance Sheet		(27,82,766)			Rent		-	
(1,88,816)	Surplus / (Deficit) for the year		18,74,396	(9,08,370)		Interest		-	
(27,82,766)	Closing Balance				10,21,493	Other Income		-	
					16,23,860	<b>Cash and Bank Balance</b>			
					516	In Fixed Deposits		10,11,751	
						In Savings Bank Account		31,89,589	
						Cash in Hand		76	42,01,416
<b>29,46,879</b>				<b>43,89,630</b>	<b>29,46,879</b>				<b>43,89,630</b>

The above Balance Sheet to the best of my/our belief contains a true account of the Funds and Liabilities and of the Property and Assets of the Trust.

For Nityaasha Foundation

*Farooq N Merchant*  
Farooq N Merchant  
Trustee

*Nasima F Merchant*  
Nasima F Merchant  
Trustee

Place: Pune  
Date : 08.09.2023  
UDIN : 23033025BGRSC3392

As per our reports attached.  
For P.D.Kudva & Co  
Chartered Accountants  
FRN: 105396W



*P.D.Kudva*  
CA P. D. Kudva - Partner  
Membership No. 033025



**NITYAASHA FOUNDATION**  
**MERCHANT BUNGALOW, 3C SOUTH AVENUE**  
**BEHIND CLOVER MYSTIQUE, KALYANI NAGAR, PUNE-411 014**

**INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31st MARCH 2023**

2022 Amt (Rs.)	Expenditure	Sch No.	2023	2023	2022	Income	Sch No.	2023	2023
			Amt (Rs.)	Amt (Rs.)	Amt (Rs.)			Amt (Rs.)	Amt (Rs.)
	To Expenses in respect of properties Rates, Taxes, Cess Repairs and Maintenance Salaries Insurance - Depreciation (Building)				23,815 - - 40,53,679	By Interest On Bank Fixed Deposits (Corpus) On Savings Bank Account On Securities / Bonds Income Tax refund By Donations in cash or kind		50,409	50,409 73,90,269
2,57,021	To Establishment Expenses	2		81,358	-	By Grants By Income From Other Sources By Legal Fees Refund			- 1,56,483
1,143	To Remuneration to Trustees				-				
	To Income Tax				-	By Transfer from Reserve			-
20,000	To Audit Fees			20,000					
-	To Contribution and Fees			-					
-	To Amounts written off (a) Bad Debts (b) Loan Scholarship (c) Irrecoverable Rents (d) Other items			- - - -					
-	To Miscellaneous Expenses			-					
65,056	To Depreciation			48,046					
-	To Amounts transferred to Reserve or Specific Funds			-					
-	To Expenditure on Objects of the Trust (a) Religious (b) Educational (c) Medical Relief (d) Relief of poverty (e) Other Charitable Objects	3	-	55,73,361					
37,58,403									
1,64,688									
-									
(1,88,816)	To Surplus carried over to Balance Sheet			18,74,396					
40,77,494				75,97,161	40,77,494				75,97,161

For Nityaasha Foundation

*Farooq N Merchant*

Farooq N Merchant  
Trustee

*Nasima F Merchant*

Nasima F Merchant  
Trustee

Place: Pune

Date : 08.09.2023

UDIN : 23033025BGRSC3392



As per our reports attached.  
For P.D. Kudva & Co  
Chartered Accountants  
FRN: 105396W

*P.D. Kudva*

CA P. D. Kudva - Partner  
Membership No. 033025

**NITYAASHA FOUNDATION**  
**MERCHANT BUNGALOW, 3C SOUTH AVENUE**  
**BEHIND CLOVER MYSTIQUE, KALYANI NAGAR, PUNE-411 014**

**Schedules to Income and Expenditure Account year ended 31.03.2023**

Note No.	Particulars	2023	2022
<b>2</b>	<b>Establishment Expenses</b>		
	Office Expenses	1,150	1,574
	Bank Charges	51,396	57,825
	Legal and Professional Fees	28,610	1,97,509
	Interest on TDS	203	113
	Other expenses		
		<b>81,358</b>	<b>2,57,021</b>
<b>3</b>	<b>Expenditure on Object of the Trust</b>		
	Medicines distributed	38,08,234	27,29,194
	Pathology test	3,32,030	2,30,006
	Salary	12,09,918	6,32,611
	Programs and Events	1,16,209	25,658
	Communication Charges	4,321	5,216
	Printing and Stationery	27,550	28,081
	Website Development Cost	3,788	2,950
	Travelling and Conveyance	64,312	17,695
	Repairs and Maintenance Charges	6,999	14,497
	Other Exepenses	-	72,495
		<b>55,73,361</b>	<b>37,58,403</b>



**NITYAASHA FOUNDATION**  
**MERCHANT BUNGALOW, 3C SOUTH AVENUE**  
**BEHIND CLOVER MYSTIQUE, KALYANI NAGAR, PUNE-411 014**  
**Fixed Assets as on 31.3.2023**

Particulars	Gross Block				Accumulated Depreciation			Net Block		
	Balance as on 01.04.2022	Additions		Disposal	Closing as on 31.03.2023	Balance as on 01.04.2022	Depreciation for the year 2022-23	Closing Accumulated Depreciation as on 31.03.2023	Closing W.D.V as on 31.03.2023	Closing W.D.V as on 31.03.2022
		For more than 180 days	For less than 180 days							
Computers	2,43,620			-	2,43,620	1,93,879	19,896	2,13,776	29,844	49,741
Office Equipments	2,96,328	36,490	-	-	3,32,818	2,17,890	17,239	2,35,129	97,689	78,438
Software	45,453				45,453	18,181	10,909	29,090	16,363	27,272
<b>Total</b>	<b>5,85,401</b>	<b>36,491</b>	<b>-</b>	<b>-</b>	<b>6,21,891</b>	<b>4,29,950</b>	<b>48,044</b>	<b>4,77,995</b>	<b>1,43,896</b>	<b>1,55,451</b>





# MANAGING COMMITTEE MEMBERS

## MR. FAROOK MERCHANT

TRUSTEE & MANAGING  
COMMITTEE MEMBER

## MRS. NASIMA MERCHANT

TRUSTEE & MANAGING  
COMMITTEE MEMBER

## MRS. FATIMA LILANI

ADVISOR

## MRS. GULSHAN MASKATI

MANAGING COMMITTEE MEMBER

## DR. DEEPA DIVEKAR

MANAGING COMMITTEE  
MEMBER

## DR. IQBAL MUSANI

MANAGING COMMITTEE  
MEMBER

# NITYAASHA FOUNDATION

## Registered Address

Merchant Bungalow, Road No. 3C, South Avenue, Kalyani Nagar, Pune 411006 India.

## Office Address

Messung Systems Pvt. Ltd.  
501, 502 & 503 Lunkad Sky Vista, Viman Nagar, Pune, India.

## Contact

- Subhashini Naorem: +91 9637961957, +91 9325037238
- Farook Merchant: +91 9823010962
- info.nityaasha@gmail.com
- farook.nityaasha@gmail.com

## Working Hours

Monday to Saturday  
9:30 am to 6:00 pm