

HOPING FOR A BETTER LIFE

BY PROVIDING EQUAL
OPPORTUNITY





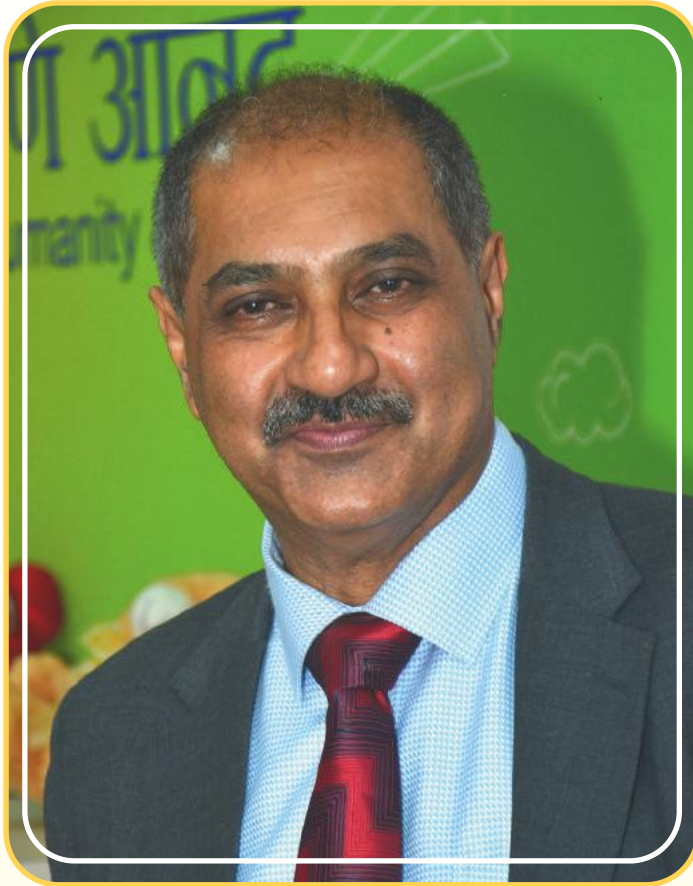
“More compassionate mind, more sense of concern for other's well-being is source of happiness”

- Dalai Lama




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Mr. Farook Merchant



Mrs. Nasima Merchant



Message from the Founders

With another fruitful year passing by, Nityaasha Foundation has set an impactful foothold towards service to humanity and is now almost 4 years strong!!!

The organization operates on its own theoretical principles and programs, with a team of Project Director, Medical Social Workers, Pharmacist and members of Managing Committee who are the most valuable instruments in supporting the children battling Type 1 Diabetes and Epilepsy.

Believing strongly in our vision and mission, the goal is to nurture and develop these children into confident healthy individuals who can contribute productively to the society.

Nityaasha Foundation has put in pioneering efforts not only to address the medical aspect of the disorder but has created a reformative eco-structure around the child to ensure holistic, medical and social development. With our two programs 'Madhuraasha' and 'Divyaasha', we have successfully managed to create a strong bond with the cause and the concerned entities; the children and their families, to help in easy implementation and execution of our visionary goals.

Our widespread reach to create mass awareness of these disorders has not been restricted to urban centres, but has spread its wings to 6 remote districts of Maharashtra and Nityaasha has worked tirelessly at the grass-root level to create an everlasting impact on 73 rural children.

We have continued our strong focus on children with high HbA1c (above 10%) and have observed a consistent remarkable improvement with minimum hospitalization.

Looking around at our health indicators, I know the road is long and steep, that there is much to learn and achieve, but I take comfort in knowing that all our well-wishers and supporters are by my side at each step of the way and that we shall all join hands and work together to ensure that each child of our foundation rejoices the gift of life.

Thank you for your relentless support as we continue our journey ahead.....



Trustees Report

Highlights of achievements of Nityaasha Foundation : FY 2016-17

- ✓ 10 Type 1 Diabetes & 5 Epilepsy children were registered under our Madhuraasha & Divyaasha program this year taking the total registration to 165 in Type 1 Diabetes and 27 in Epilepsy respectively.
- ✓ An agreement of leave and license for 5 years was signed on 13th April, 2016 to start medical aid dispensing centre at Shop No. 25, Grafikon Arcade.
- ✓ The Medical Aid dispensing Centre at Grafikon Arcade was inaugurated on 7th July' 2016 after receiving drug license.
- ✓ The Drug license from FDA was procured in the name of Nityaasha Foundation on 21st June, 2016
- ✓ Annual pathology test (Includes HbA1c) of **90** Type 1 Diabetes children was done in Dec, 2016 & Jan, 2017.
- ✓ Apart from Annual Pathology test separate HbA1c test was done throughout the year for **122** Type 1 Diabetes children that also include the children in **Red Category**.
- ✓ 21 children from the red category were felicitated for improvement in HbA1c levels.
- ✓ Special tests such as (IGA Level, Transglutaminase IGA, Electrolytes & T4) of **3** Type 1 Diabetes children were done as per doctor's advice.
7 EEG tests and 1 MRI were done for Epilepsy children.
- ✓ Cataract surgery of a child aged 3 years was successfully performed at H.V.Desai Eye Hospital on 31st March, 2017.
- ✓ Aptitude Test of 15 children was conducted on 28th January' 2017 in association with Jnana Prabodhini Samshodhan Sansthan which was followed by Career counselling on 20th February, 2017.
- ✓ 9 SSC & 4 HSC children passed their board exams with flying colors.
The achievers were felicitated on 23rd July, 2016 by Dr.Aditya Kelkar, Ophthalmologist, NIO.
- ✓ Launch of NACH Scheme (National Automated clearing House) with DCB Bank was held on 22nd October, 2016 for crowd funding through which a well-wisher can support the cause with minimum monthly contribution of Rs. 100.
- ✓ Nityaasha celebrated 'World Diabetes Day' this year with various activities such as Diabetes Awareness and Educational Sessions, Cooking Competition and outdoor picnics. On this occasion a recipe booklet titled '**Tasty Bites**' with 10 diabetic recipes was printed.
- ✓ 15 Mitticool refrigerators were dispensed to families who do not have a refrigerator to store insulin
- ✓ Nityaasha received the following awards:
 - ✓ Guide Star India transparency key award.
 - ✓ Best Social Innovation- Awarded by World CSR Day

Managing Committee Meetings & Resolutions: FY 2016-17

1. 16th July 2016, Saturday

Resolution:

To get 3rd party impact assessment of Nityaasha from a reputed & reliable external agency

2. 4th January'2017, Saturday

Resolution:

To appoint a board member in Nityaasha Managing Committee.



ABOUT NITYAASHA FOUNDATION

"Nityaasha Foundation" launched on 25th July '2013, is a registered charitable trust started its 1st program **"MADHURAASHA"** which works for children between 0 to 18 years from the economically weaker sections of society with Type 1 Diabetes.

The foundation supports them by providing free medical aid and takes care of their annual pathology tests, annual check-ups, diet and social counselling along with continuous monitoring and educating by regular home/school visits and follow up phone calls to make them capable to manage this disorder.

The Foundation launched its 2nd program **"DIVYAASHA"** on 28th February, 2015 focusing on Children with Epilepsy

The foundation supports them by providing free Epileptic medicines and takes care of EEG and MRI tests. We monitor the child's health on a continuous basis through periodic home visits, and follow up calls and educate the families about Epilepsy. Social counselling and awareness sessions are conducted during home and clinic visits to deal with the fear, stigma and taboo related to Epilepsy.





Vision, Mission, Objective

Vision:

Providing an equal opportunity for all to cherish the gift of life



Mission:

To bestow healthy life by fulfilling the medical needs of the underprivileged through holistic support



Objective:

To provide a stable & healthy life to children from the economically weaker section of Society, who are trying to cope with a life threatening disorder.





Founders & Trustees, Managing Committee Members



a) Farook Merchant (Founder & Trustee)

Farook Merchant, Chairman and Managing Director, Messung Group of Companies, is an innovator credited with discovering the first Programmable Logic Controller in India. Mr. Merchant is a successful entrepreneur who built Messung from a one man company to a 500-member team with national presence and global collaborations. Taking his interest to the next level, a born Humanitarian Mr. Merchant established Nityaasha Foundation in 2013, a charitable registered trust, dedicated towards care of underprivileged children with Type 1 Diabetes & Epilepsy



b) Nasima Merchant (Founder & Trustee)

Mrs. Nasima Merchant is an inspiration to women who look through the glass ceiling and rue the missed opportunity of higher education. Though she came from a fairly well to do family, her education took a halt after she finished standard twelve. She went back to college and not only pursued a bachelor's degree in Urdu but did a Master's in the same and stood first in Poona College.

She has been actively involved in community welfare services for many years. She is closely associated in all the day to day activities of Nityaasha Foundation.



c) Gulshan Maskati

A graduate in psychology from Pune University, Mrs. Gulshan has worked in the Pediatric Endocrine Department of Hirabai Cawaji Jehangir Medical Research Institute (HCJMRI) for 5 years, as a Research Coordinator. She has been working in the social field since years and has gained a lot of experience in the social effect of the underprivileged families.

Since inception of Nityaasha Foundation she has contributed sincerely towards the development of the organization by utilizing her core competencies in planning and implementation of the programs



d) Fatima Lilani

Fatima Lilani is a senior professional in the social development field with close to 20 years of experience. She has developed a specialized focus on addressing the social, psychological, and economic challenges associated with Palliative Care and have undertaken various positions in pursuit of the same.

Apart from her professional capabilities in the social development field, she also feels strongly towards healthcare and empowering women, and has volunteered with various communities and organizations in a personal capacity.



e) Dr. Deepa Divekar

Dr. Deepa Divekar is a Paediatric Neurologist and the Medical Director of Sahyadri Speciality Hospital. She became Founder Trustee of Pune Institute of Neurology in 1993 and started the first of its kind Childhood Epilepsy Programme with comprehensive care for all children suffering from Epilepsy, including school and home visits, counseling and treatment.

She is a Trustee in the 'Samavedana' project which helps needy patients to meet with their hospital expenses.

Her interest lies with all children who have chronic illness like Epilepsy, Mental Retardation, Cerebral Palsy and Children with special needs like Autism, Learning Disabilities and ADHD.



f) Dr. Iqbal Musani

Professor Dr. Iqbal Musani completed BDS from PUNE University in 1996 as a merit student. He completed his MDS in 1999 in the specialty of Pedodontics and Preventive Dentistry from the Rajiv Gandhi University of Health Sciences, Bangalore, and was awarded the Best Outgoing Postgraduate Award. Other than his profession of Pediatric Dentistry; Dr. Musani is passionate about Social Service. He is associated with the Scouting movement in Pune and is a Government Certified trained Scout Master. Dr. Musani routinely conducts dental checkup and treatment camps for various NGOs. He has been a volunteer with the Aga Khan Development Network in various capacities. Currently he is the Chairman for the Regional Education Board for Western India, Aga Khan Education Service India.



ASSOCIATED DOCTORS & REFERENCES

The doctors give references of children from economically weaker sections of society with Type 1 Diabetes/Epilepsy to Nityaasha. Presently Nityaasha is associated with the following doctors and work as per their medical guidance.

Program – “Madhuraasha” – Type 1 Diabetes in children

Name of Hospital	Name of Doctors	No. of Referred children
Jehangir Hospital Bharati Hospital	Dr. Vaman Khadilkar, Dr. Anuradha Khadilkar Dr. Supriya Phanse Dr. Rahul Jahgirdar	62
KEM Hospital, Diabetes Unit	Dr. C.S.Yajnik Dr. Kalpana Jog Dr. Meena Kumari Dr. Smita Dhadge	88
Deenanath Mangeshkar Mai Mangeshkar Sahyadri Hospital Sterling Hospital	Dr. Arundhatee Khare	15
TOTAL		165

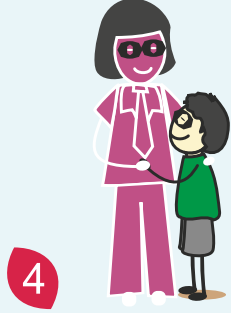


Program – “Divyaasha” – Epilepsy in children

Name of Hospital	Name of Doctors	No. of Referred children
Sahyadri Hospital	Dr. Deepa Divekar	12
Deenanath Hospital	Dr. Surekha Rajadhyaksha	3
Unique Hospital	Dr. Umesh Kalane	5
Bharati Hospital	Dr. Kavita Srivastava	7
TOTAL		27

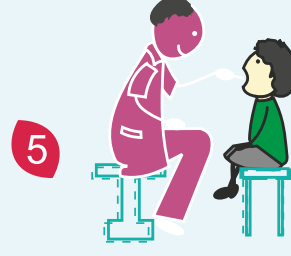


PROGRAM CYCLE



4

‘नित्यआशा’ बरोबर नोंदणी
Registration with Nityaasha



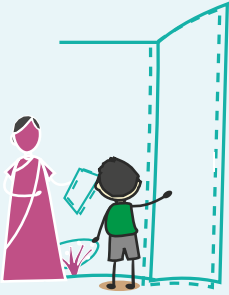
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डॉक्टरांचे मार्गदर्शन व सल्ला
Doctor's Consultation



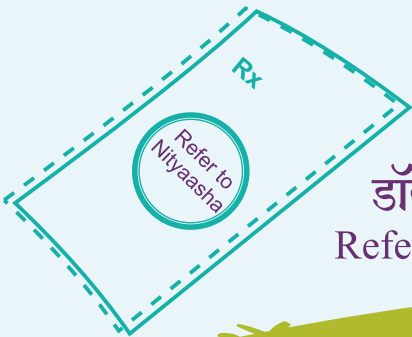
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‘नित्यआशा’ तर्फे मान्यता
Approval by Nityaasha



2

कार्यकर्त्याची कुटुंब भेट
Family Visit (Social Worker)



1

डॉक्टरांचा संदर्भ
Reference by Doctor



मदत गट
Support Groups



मार्गदर्शन (आहार व शिक्षण विषयक)
Counseling (Diet, Education, etc.)



वैद्यकीय मदतीचे वाटप
Dispensing Medical Aid



वेळोवेळी पेशंटच्या घरी भेट
व टेलिफोन वरून चौकशी
Periodic Home Visits
& Phone Calls



नियमित देखरेख आणि
वैयक्तिक देखभाल
Regular Monitoring &
Close Supervision

माहिती विषयक
कार्यक्रम
Awareness Programs

सहलींचे आयोजन
Outdoor Picnics

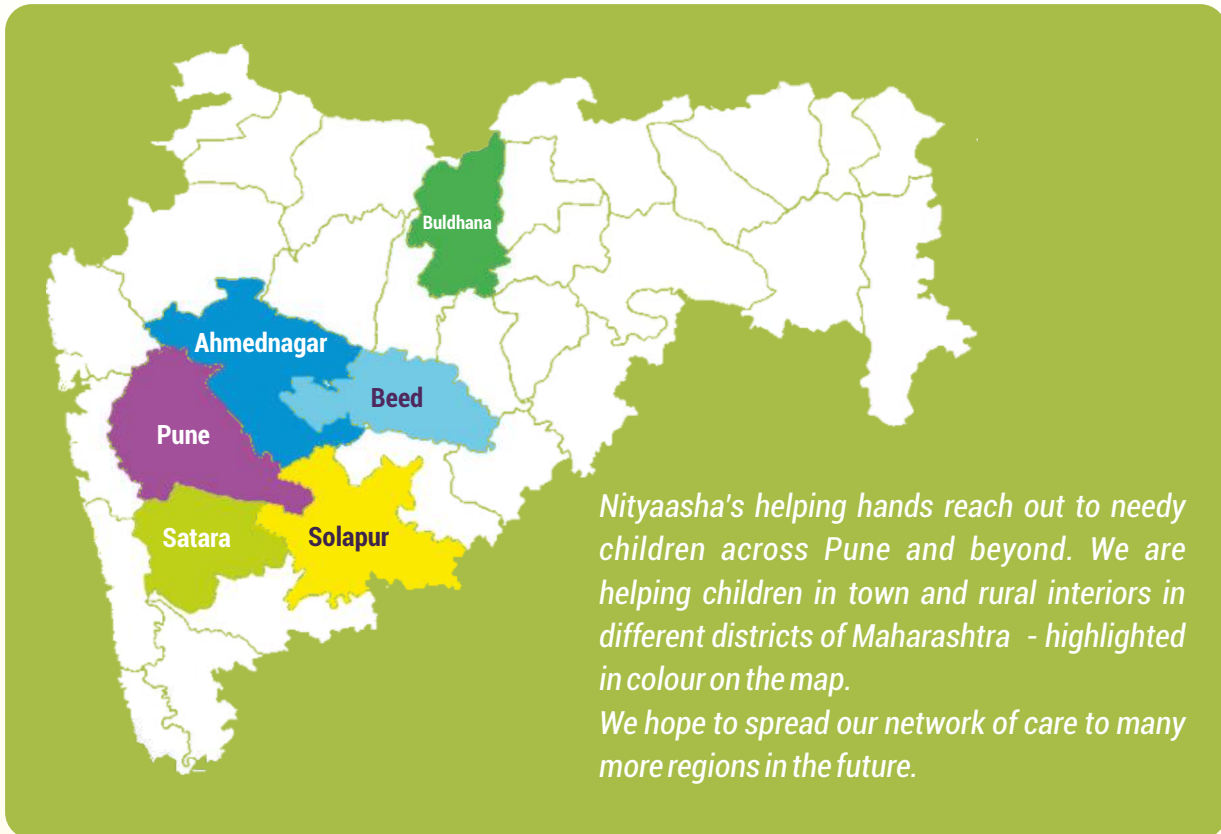
मुलांसाठी
उपक्रम
Events for
Children

10





Our Reach







Nityaasha's helping hands reach out to needy children across Pune and beyond. We are helping children in town and rural interiors in different districts of Maharashtra - highlighted in colour on the map. We hope to spread our network of care to many more regions in the future.









MADHURAASHA

Areas	Urban		Rural		Total
					
Pune	55	37	24	36	152
Satara	-	-	0	02	02
Ahmednagar	-	-	02	03	05
Beed	-	-	03	01	04
Solapur	-	-	0	01	01
Buldhana	-	-	01	-	01
Total children registered with Nityaasha till now:					165
Phased out children					24
Present number of children as per 31st March' 2017:					141





DIVYAASHA

Areas	Urban		Rural		Total
					
Pune	08	06	06	05	25
Satara	-	-	-	02	02
Ahmednagar	-	-	-	-	-
Beed	-	-	-	-	-
Solapur	-	-	-	-	-
Buldhana	-	-	-	-	-
Total children registered with Nityaasha till now:					27
Phased out children					7
Present number of children as per 31st March' 2017:					20





Nityaasha Registered Children Location

Sr. No.	Urban Area	Rural Area
1	Katraj	Ghatane-Solapur
2	Bhosari	Khed-Shivapur
3	Wagholi	Kanhe Phata (Wadgaon Maval)
4	Dhankwadi	Ahmednagar
5	Akurdi	Veda-Beed
6	Pimpri	Munjawadi-Phaltan
7	Dhyari	Junner
8	Kalewadi	Khurkhum-Daund
9	Theraon	Shirur
10	Bibewadi	Narayangaon
11	Chakan	Baramati
12	Bavdhan	Ashti-Beed
13	Bhugaon	Kalas-Ahmednagar
14	Karvenagar	Singapur-Purandar
15	Nigadi	Jinti, Karmala-Solapur
16	Kondhwa	Saswad
17	Singhad Road	Manjri Budruk
18	Padmavati	Alandi
19	Shukrawar peth	Susgaon
20	Sadashiv Peth	Jejuri-Purandar
21	Vishrantwadi	Amble-Shirur
22	Hadapsar	Walhe-Kamatwadi
23	Khadki	Naigaon-Purandar
24	Bhopodi	Nasrapur
25	Rajgurunagar	Velu-Bhor
26	Kasaba peth	Lonavala
27	Vadgaonsheri	Salpe-Satara
28	Wanwadi	Jategaon- Shirur
29	Pimprigaon	Mulshi
30	Urali Kanchan	Shelgaon-Baramati
31	Hinjewadi	Mahabaleshwar
32	Koregaon Park	Sherewadi-Satara
33	Camp	Karandigaon-Shirur
34	Dhanori	Junnar
35	Mundhwa	Patas-Daund
36	Dighi	Talegaon
37	Lohegaon	Dehugaon
38	Ambegaon	Satara
39	Bhavani Peth	Jawalgaon-Mulshi
40	Indrayani Nagar	Ravangaon-Daund
41	Chikhali	Rahuri
42	Chinchwad	Ozar-Narayangaon
43		Ranjangaon



THE CHILD CARE PROGRAM

I. Enrollment Process

a) Initial Home Visit:

After getting reference from associated Doctors or anyone approaching directly, Medical Social Workers plan the first Initial home visit. This is done to assess the actual economic and overall condition of the family.



b) Registration & Enrollment:

As per our selection criteria the Social workers prepare a brief report and send to the Managing Committee Members for a thorough screening procedure. After the Committee approves the family visits Nityaasha Centre for registration



TOTAL INITIAL HOME VISIT - 18		TOTAL REGISTRATION IN (2016-17) - 18	
TYPE 1 DIABETES	EPILEPSY	TYPE 1 DIABETES	EPILEPSY
13	5	13	5

TOTAL REGISTRATION- Till Date

MADHURAASHA - TYPE 1 DIABETES			DIVYAASHA - EPILEPSY		
FY			FY		
2013 - 14	59	39	-	-	-
2014 - 15	13	17	2014 - 15	3	5
2015 - 16	14	10	2015 - 16	8	6
2016 - 17	08	05	2016 - 17	3	2
TOTAL	94	71	TOTAL	14	13
165			27		

TOTAL PHASE OUT- Till Date

MADHURAASHA - TYPE 1 DIABETES		DIVYAASHA - EPILEPSY	
Criteria	No. of children	Criteria	No. of children
Age (18 yrs)	11	Age (18 yrs)	2
Financial Development	10	Financial Development	1
Irregular Family	1	Irregular Family	1
Migrated to other city	1	Migrated to other city	2
Receiving aid from other organization	1	Receiving aid from other organization	1
Total	24	Total	7



II. Post Enrollment:

a) Clinic Visit & Dispensing of Medical Aid

- **Doctor's Consultation:** It is mandatory for every child to visit the clinic at Nityaasha Centre once in 2 months for Type 1 Diabetes children and 3 months for Epilepsy children.
- **Diet/Social Counseling:** Diet plays an important role for a Diabetic child. Diet counselling is done by our dietitian during clinic visit. Understand the family's socio-psycho problems and counsel them to deal various crises.
- **Diabetes Educator:** Educating the family on diabetes, its management and to handle emergencies. Teaches Self Blood Glucose Monitoring (SBGM) and to maintain a diary to record the sugar levels.
- **Dispensing of Medical aid:** Dispensing of free insulin, Lancets, strips, syringes etc. & Anti-Epileptic Medicines. Glucometer & Cold chain bags are dispensed once at the time of registration. Medicine dispensed as per doctor's prescription.



TOTAL NO. OF CLINICS – 91

TYPE 1 DIABETES
81

EPILEPSY
10

TOTAL NO. OF CHILDREN AT CLINICS – 899

TYPE 1 DIABETES
826

EPILEPSY
73



a) Supervision & Monitoring:

- ▶ **Follow up Home/School Visits** are the most unique aspect of Nityaasha's services. Reaching out to the families at their door steps helps us to achieve our objectives by:
 - Educating the family members and the eco structure around the child by flip charts, and other educative materials.
 - Spreading awareness about the disorder.
 - Developing rapport with the families by giving them moral support and confidence to lead a normal life.
- ▶ **Follow up Calls:**
 - Phone calls at regular intervals are made to get an update about their health status and family situations.



TOTAL FOLLOW-UP HOME VISITS – 182		TOTAL SCHOOL VISITS – 09		TOTAL FOLLOW-UP CALLS – 2150	
TYPE 1 DIABETES 162	EPILEPSY 20	TYPE 1 DIABETES 9	EPILEPSY -	TYPE 1 DIABETES 1712	EPILEPSY 438

III. Tests:

Madhuraasha – Type 1 Diabetes - Pathology Tests

All children with Type 1 Diabetes should be assessed annually to monitor their glycemic control and for early detection of any diabetic complication.

The following tests are done annually:

T3 T4 TSH, Lipid Profile, Microalbumin, Urea, Creatinine, HbA1c



Divyaasha – Epilepsy - Tests

EEG & MRI tests of the registered children are done as and when advised by the referred doctor.

NO. OF ANNUAL PATHOLOGY TESTS (Incl. of HbA1c) –90	
NO. OF HbA1c TESTS 95	NO. OF Extra Special TESTS 2
NO. OF EEG TESTS 07	NO. OF MRI TEST 01



IV. Red Category:

Children with HbA1c (above 10%) are placed in Red Category.

Extra attention, continuous monitoring, and Education are given to these families.



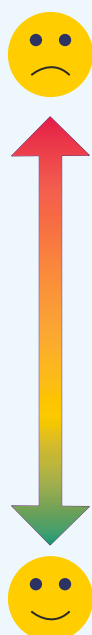
WHAT IS HBA1C?

The term **HbA1c** refers to glycated hemoglobin. It develops when hemoglobin, a protein within red blood cells that carries oxygen throughout your body, joins with glucose in the blood, becoming 'glycated'. By measuring glycated haemoglobin (HbA1c), clinicians are able to get an overall picture of what our average blood sugar levels have been over a period of last 3 months. For people with diabetes this is important as the higher the HbA1c, the greater the risk of developing diabetes-related complications.

HbA1c is also referred to as **haemoglobin A1c** or simply **A1c**.

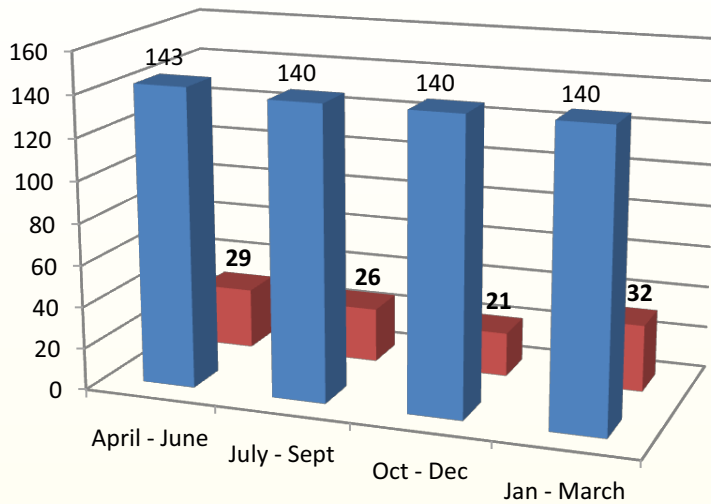
HbA1c Reference Chart

Diabetes Control Card			
	HbA _{1c} test score	MEAN BLOOD GLUCOSE	
		mg/dl	mmol/L
action suggested	14.0	380	21.1
	13.0	350	19.3
	12.0	315	17.4
	11.0	280	15.6
	10.0	250	13.7
	9.0	215	11.9
good	8.0	180	10.0
	7.0	150	8.2
excellent	6.0	115	6.3
	5.0	80	4.7
	4.0	50	2.6





Quarterly Average Total No of children & Total No. of children in Red Category



- Total No. of Type 1 Diabetes children
- Red Category Children HbA1c <10%



Awareness & Education:

Madhuraasha – Type 1 Diabetes

Nityaasha conducts educational sessions on Type 1 Diabetes during clinic, home and School visits. Medical social workers with the help of flip charts and videos, explain and educate about Type 1 Diabetes and its management to the families and the eco structure around the child. The following topics were covered in 2016-17.

- What is Type 1 Diabetes?
- Hypoglycemia
- Injection Technique
- Sick Day Management
- Managing Diabetes during festival
- Annual Pathology Test

Divyaasha – Epilepsy in children

Educational and awareness sessions on Epilepsy were conducted during clinic, home and School visits by our Medical social worker who educates the families and eco-structure around the child to deal with the fear, stigma and taboo related to Epilepsy. The following topic was covered in 2016-17.

- What is Epilepsy?



Family & Child Motivational Program

Cooking Demonstration (Motivational / Educational program)

1. Date: 25th May'16
Venue: Nityaasha Centre.
Cooking Demonstration by:
 Ms. Anagha Deshmukh, Dietitian
Recipe Prepared : Nachni Idli, Khakra Chaat

2. Date: 24th August '16
Venue: Nityaasha Centre
Cooking Demonstration by:
 Ms. Anagha Deshmukh, Dietitian
Recipe Prepared : Steam Modak, Stuff Vegetable Paratha

3. Date: 19th October'16
Venue: Nityaasha Centre
Cooking Demonstration by:
 Ms. Anagha Deshmukh, Dietitian
Recipe Prepared : For Diwali & Celiac diet Moong Ka Laddoo, Soya Cutlet

4. Date: 31st March'17
Venue: Nityaasha Centre
Cooking Demonstration by:
 Ms. Anagha Deshmukh, Dietitian
Recipe Prepared : Muskmelon Smoothie, Fruits Sprouts Chaat, Oats & Rajma Cutlet



Cooking Demo



Averness Session on Diet



Cooking Demo

Art & Craft Activity (Art & Craft Activity)

Motivational & Creative Event
Date: 25th May' 16
Venue: Nityaasha Centre.
Conducted by:
 Nityaasha Team

Felicitation(9 SSC & 4 HSC students)

Motivational Program
Date: 23th July'16
Venue: Gyaan Adab Centre
Felicitated by:
 Chief Guest, Dr. Aditya Kelkar, NIO



Craft Activity at Centre



Felicitation Programme



Diabetes Educational Session

1. Date: 10th August'16
Venue: Nityaasha Centre
Diabetes Educational Session by:
Dr.Arundhatee Khare,
Topic: Carb Counting & Insulin Dose titration



2. Date: 7th September'16
Venue: Nityaasha Centre
Diabetes Educational Session by:
Dr.Arundhatee Khare
Topic: Carb Counting & Insulin Dose titration



3. Date: 29th September'16
Venue: Nityaasha Centre
Diabetes Educational Session by:
Dr.Smita Dhadge
Topic: Importance of HbA1c level.



4. Date: 25th February'17
Venue: Nityaasha Centre
Diabetes Educational Session by:
Dr. Arundhatee Khare
Topic: Basic Management of Type 1 Diabetes



5. Date: 25th March'17 | **Venue:** Nityaasha Centre | **Diabetes Educational Session by:** Dr. Arundhatee Khare
Topic: Basic Management of Type 1 Diabetes





Family & Child Motivational Program

World Diabetes Day (Fun & Entertainment Event)

1. Picnic at Sanskruti

Date: 14th November '16

Venue: Sanskruti theme park, Hadapsar

Conducted by:

Nityaasha team & Volunteers – For you Foundation



Picnic to Sanskruti

2. Cooking Competition & Session on Diet

Date: 23rd November '16 | **Venue:** Gyaan Adab

Conducted by : Nityaasha team

Judge & Session on by Dietitian : Ms. Priya Choudhari,
Chellaram Diabetes Institute, Ms. Sukesha Satavelkar,
Diabetes Association of India, Pune Chapter



Cooking Competition



3. Date: 26th November '16 | **Venue:** Anjuman-E-Islam School
65 Teachers attended the session and their random sugar test was done.



Family & Child Motivational Program

Christmas Celebration (Fun & Entertainment Event)

Fun & Entertainment
Date: 22nd December'16
Venue: The Little Gym, Kondhwa
Organized by:
Nityaasha Team & Volunteers - The Little Gym



Christmas Celebration

Aptitude Test (Career Development)

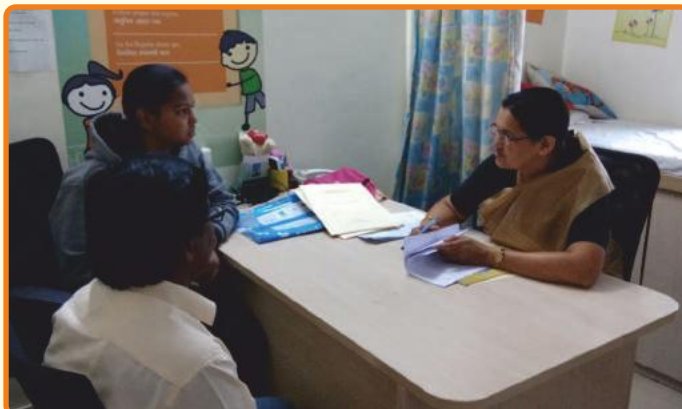
Date: 28th January'17
Venue: Nityaasha Centre
Organized by:
Nityaasha Team &
Jnana Prabodhini Samshodhan Sansthan



Aptitude Test

Career Counselling (Career Development)

Date: 20th February'17
Venue: Nityaasha Centre
Organized by: Nityaasha Team &
Jnana Prabodhini Samshodhan Sansthan
Counseling by : Ms. Neelima Apte & team



Career Counselling

Wish Fulfillment of Nityaasha Children by **Make-A-Wish Foundation** (Motivational Program)

Date: 25th March'17
Venue: Nityaasha Centre
Organized by: Nityaasha Team & Make A Wish Foundation
Special Guest : Mr. Prakash Chaphalkar, Honorary Director,
Make A Wish Foundation.



Wish Fulfillment



PHARMACY CENTRE INAUGURATION





OUR ACHIEVERS

SSC & HSC Results 2016-17

SSC Board Exams



Atharva Andekar



Aniket Bhambarse



Rajashree Sangale



Chetana Chikane



Aniket Durgadae



Neha Qureshi



Diana Anthony



Pooja Ajbe



Ganesh Pangare

HSC Board Exams



Atiya Momin
(Arts)



Harshal Jadhav
(Commerce)



Pratima Hable
(Science)



Preeti Ahire
(Commerce)



HUMAN RESOURCES



a) Anuja Shams (Project Director)

She is a graduate in English literature and sociology from Sambalpur University, Odisha and holding a Post-Graduation, Diploma in Public Relation from IFPR, (PRSI, Rourkela Chapter). As The Project Director of "Nityaasha Foundation" her positive attitude towards life and love for children motivates her to take every challenge, to provide the best of quality services and holistic support to the underprivileged families.



b) Subhashini Naorem (HOD, Social Welfare Department)

She is a qualified B.Sc. (Hons) Nursing from Rajkumari Amrit Kaur College of Nursing, New Delhi. She also completed her post graduate in MSW from Tata Institute of Social Sciences, Mumbai specializing in Medical & Psychiatric Social Work. She has 11 years of experience in field of social development sector (NGOs) and hospital working as a Building Relationship officer/Programme Secretary/Medical Social Worker.



c) Purnima Athavle Pati (Medical Social Worker)

She has done B.A in Psychology in 2006. After that as on interest she pursued MSW in Medical and Psychiatric social work in 2008 from SIBER Institute, Kolhapur. In 2013 she completed Certificate Course in CSR from Symbiosis college, Pune.



d) Ajay Khandare (Medical Social Worker)

He completed B.S.W (Bachelor of social work.) from Nagpur University in 2011 and M.S.W specializing in Medical and Psychiatric social work from Karve Institute of Social Services, Pune University in 2013. He worked in Multiple Sclerosis Society of India, Pune Chapter, for two years as a Social Worker, contributing a significant role in the organization.



e) Mayur Dandale (Medical Social Worker) (Resigned on 18th June' 2016)

He completed B.S.W (Bachelor of social work) From Nagpur University in 2013. During his graduation level he worked voluntarily for people living with HIV/AIDS. He participated in many social work activities.

He also worked with **MADHAVI KAPUR FOUNDATION** from 2013 to 2015 for specially challenged children, suffering from Autism, Blindness and Down-syndrome Disorder.

In these 3 years' of experience he worked in various areas of Social Work. His passion for music has always motivated him to play different musical instruments like Guitar, Congo and Keyboard. His inclination towards music has inspired him to take play-back-singing as a hobby. Apart from music he also loves travelling and visiting new places.



f) Supriya Mali (Pharmacist)

Ms. Supriya Mali is a graduate in Pharmacy. She completed her Bachelors in Pharmacy (B.Pharma) from Sahyadri college of Pharmacy, Sangola in 2013 and Diploma in Pharmacy (D.Pharma) form MSBTE, Mumbai in 2009. She has an experience of 3 years as a Pharmacist in various hospitals and pharmaceutical company. She started her professional career with Symbiosis Pharmaceuticals Co-op, Ltd. Sangli in 2009 as a QA Chemist (Quality Assurance). Apart from her professional career she has interest in music and is also fond of reading and trekking.



g) Mayuri Kshirsagar (Asst. Accounts & Admin) (Resigned on 6th July' 2016)

Mayuri completed her MCA (Computers) in 2014 from Sikkim Manipal University. She worked with Kaizen Motors as Asst. Accounts from 2007 to 2011. Later she joined as a Data Entry operator in National Chemical Laboratory Ltd.



h) Ruksar Sorathiya, (Asst. Accounts & Admin) (Joined on 1st August'2016)

Ruksar a Post Graduate (M.COM) with specialization in Business Administration (BA) has also completed her Diploma in Taxation Law (DTL). She is working as a Volunteer since last 4 years for the Aga Khan Health Board for Pune. She is also associated to the community as an Early Childhood Teacher (ECRE program) and a leader of Bharat Scouting\Guiding group. Her inner desire to work for the economically weaker sections of the society has motivated her to join Nityaasha Foundation.

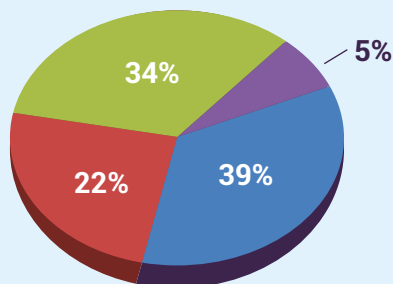


PROGRAM COST: 2016-17

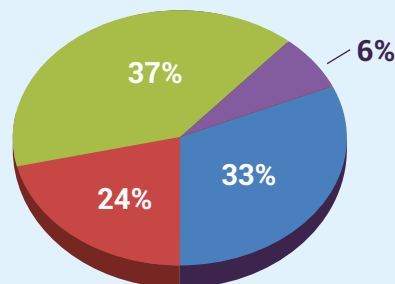
Type of Services	Type 1 Diabetes 141 (75 girls +66 boys)	Epilepsy 20 (11 girls +9 boys)	Total Expenses 161
Direct Medical Aid	Rs. 24,88,158/-	Rs. 2,09,917/-	Rs. 26,98,075/
Clinical Services	Rs. 15,47,053/-	Rs. 1,95,006/-	Rs. 17,42,059/
Supervision, Monitoring & Motivation Program costs	Rs. 20,74,340/-	Rs. 2,50,875/-	Rs. 23,25,215/
Administration	Rs. 3,02,254/-	Rs. 36,977/-	Rs. 3,39,231/
Total	Rs. 64,11,805/-	Rs. 6,92,775/-	Rs. 71,04,580

Total Expenses – 2016-17

Type 1 Diabetes



Epilepsy



Direct Medical Aid

Insulin, Monitoring Devices (Glucometer, Gluco-strips, Syringes, Lancets) Pathology Tests, Anti - Epileptic Drugs, Tests (EEG, MRI)



Clinical Services

Consultation charges (doctors, dieticians, diabetes educators) Staff Salary & Expenses (Nursing Assistant, Social Workers & Pharmacists) Children Activities & Refreshments, Miscellaneous charges (Rent, Stationary, Electricity, Telephone etc).



Administration

Staff Salary & Expenses (Administration), Recruitment, Guest Expenses, Legal Expenses, Miscellaneous charges (Rent, Stationary, Electricity, Telephone etc.)



Supervision, Monitoring & Motivation Program costs

Staff Salary & Expenses (Medical Social Worker) Event Expenses, Conveyance Expenses (Home visits) Miscellaneous charges (Rent, Stationary, Electricity, Telephone etc.)



FINANCIAL DATA

NITYAASHA FOUNDATION

Balance Sheet as on 31st March, 2017															
														(Amount in Rs)	
								As on 31.3.2017							As on 31.3.2016
SOURCE OF FUNDS															
Corpus								41,80,000							41,80,000
Resources c/f (Note 1 below)								-19,36,674							(31,80,577)
Current Liabilities								5,92,694							4,49,105
Total								28,36,021							14,48,528
APPLICATION OF FUNDS															
Non Current Assets															
Fixed Assets (net of depreciation)								8,19,140							9,15,363
Other non current assets								2,44,846							1,50,000
Current Assets															
Cash, bank balances and deposits with banks								17,72,034							3,83,164
Total								28,36,021							14,48,528
Note (1) Represents resources net of surplus/ deficit carried forward from the Income & Expenditure Statement															
Income & Expenditure															
Account for the year ended 31st March, 2017															
								For the period							For the period
								01.4.2015 to							01.4.2014 to
								31.3.2017							31.03.2016
INCOME															
Donations								80,29,697							66,03,360
Interest & Others															
Total								80,29,697							66,03,360
EXPENDITURE															
Expenditure on Object of the Trust (Note 2)								62,80,886							63,73,207
Establishment Expenses								3,16,321							93,456
Repairs and Maintenance								64,364							78,006
Depreciation								1,24,223							1,54,821
Total								80,29,697							66,99,490
Surplus / (Deficit) c/f Balance Sheet								12,43,903							-96,130



FINANCIAL DATA

NITYAASHA FOUNDATION

						(Amount in Rs)
					For the period 01.04.2015 to 31.03.2016	For the period 01.04.2014 to 31.03.2015
Expenditure on Object of the Trust (Note 2)						
Purchase of Medicines					24,00,566	17,98,513
Salary					24,37,224	19,44,309
Medical Consultation Charges					6,40,952	6,01,844
Pathology Tests					1,24,286	21,000
Events					35,292	9,736
Food & Beverages					4,500	5,802
Communication Charges					15,781	11,942
Electricity Charges					31,125	31,365
Printing & Stationery					86,872	1,17,553
Rent Rates & Taxes					4,14,205	4,04,681
Website Development Cost					81,607	1,52,865
Staff Welfare					13,801	39,005
Repairs & Maintainance						47,052
Travelling & Conveyance					46,046	30,465
Fees and Subscription Expenses					6,546	
Branding & Designing						1,65,421
Commission						35,395
Internet Expenses					34,404	23,566
					63,73,207	54,40,512

Establishment Expenses (Note 3)		
Recruitment Charges		
Office Expenses	77,821	69,836
Electricity Charges	10,375	10,455
Communication Charges	5,260	3,981
Celebration Expenses		2,940
Interest :		
TDS		1,540
Profession Tax		1,222
	93,456	89,974



CERTIFICATE

NITYAASHA FOUNDATION is a public charitable trust registered under The Maharashtra Public Trusts Act, 1950 vide registration No. E-6582/Pune. Its registered address is Merchant Bungalow, 3C South Avenue, Behind Clover Mystique, Kalyani Nagar, Pune 411014.

The Trust is engaged in carrying on activities of medical relief.

We certify that donations received and utilized by the trust for the period 1/4/2016-31/3/2017 are as under :-

	In Kind	In Cash/Cheque
Value of Donations received	Rs. 10,50,489	Rs. 80,29,697
Amount /Value utilized for the objects of the trust	Rs. 5,07,273	Rs. 67,85,794
Balance to be utilized as on 31/3/2017	Rs. 5,43,216	Rs. 12,43,903

We have verified the above information from the records of the trust and based on information and explanations provided by the management, we do certify the information to be true and correct to the best of our knowledge and belief.



For CNK P D Kudva & Co
Chartered Accountants

Place : Pune
Date: 25.10.2017

P D Kudva – Partner
Membership No 033025



TESTIMONIALS

हर्षिता प्र. जाधव
 कु.पा. नारायणगाव
 ता. जुन्नर, जि. पुणे.
 410504
 दि. 24/12/2016

प्रति,
 नित्याश्रमा फाउंडेशन
 महोदय,
 विषय :- नित्याश्रमा विषयीच्या आठवणी.

मी हर्षिता जाधव मध्यमह जाति फिराचा पेशन्ट असून नित्याश्रमा मध्ये उपचार घेत आहे. मी नित्याश्रमा मध्ये उपचार घेत असताना मला खूप चांगले अनुभव मिळाले. नित्याश्रमा मध्ये होणाऱ्या वेगवेगळ्या कार्यक्रमांसाठी मला बोलवले. त्या कार्यक्रमांसाठी मला सहकारी होता आले. त्यामुळे त्या कार्यक्रमांमधून मला वेगवेगळ्या प्रकारचे मार्गदर्शन मिळाले.

नित्याश्रमा मधील सर्व सहकार्यांनी मला मदत केली. त्यामुळे मी त्याचा प्रगती राहिल. माझ्या आयुष्यात मी त्यांना कुठेच विकारवाच नाही. तसेच त्यांनी मला आरोग्यविषयक योग्य ते मार्गदर्शन केले. तसेच वेगवेगळ्या कार्यक्रमांमध्ये मला पारितोषिक मिळाली. तसेच घरी येऊन आमच्याशी आणि कुटुंबियांशी चर्चा केली व शाकंतील शिष्टांशी आणि शाकंतील मुख्यध्यापकांशी चर्चा केली. आणि मध्यमह या आजाराविषयी शिष्टांंना माहिती दिली.

नित्याश्रमांमुळे मला माझ्या आयुष्यात खूप मोलाची सहकार्य मिळाली. त्यामुळे मी त्याचा प्रगती राहिल.

आपला विश्वासू
 हर्षिता प्र. जाधव.
 H.P.S.H.

Phase out counselling
 done.
 24/12/16

नित्याश्रमा फाउंडेशन. दि. 23-2-2017.

मी प्रिती सुब्बद आहे. मी आपला F.Y. Bcom मध्ये झिडन आहे. मला नित्याश्रमा फाउंडेशन मध्ये 3 वर्षे झाले आहे. ह्या 3 वर्षात मला नित्याश्रमा कडून खूप मदत मिळाली आहे. पहिले मज्या कडे गळुकीमिटर ही नक्ते पण नित्याश्रमांनी मला गळुकीमिटर द्यापासून माझी खूपार ही कलेवले मध्ये झाली. नित्याश्रमा मला भेट्यापासून मला नित्याश्रमाची खूप मदत झाली. नित्याश्रमा माझी बॅंकेत सेविंग टी आनी आहे. तीच सेविंग आपता मला उपयोगी सेविंगे. शिक्षणासाठी उपयोगी होतीच.

नित्याश्रमा मध्ये काहीही कार्यक्रम असले तरी ते आपल्या उपयोगी चारखे कार्यक्रम करतात. नित्याश्रमा फाउंडेशन मध्ये येऊन मला काही काळ खूप काही शिकवला गेलं.

नित्याश्रमा फाउंडेशन मध्ये वेगवेगळी मला खूप प्रास होत होता खूपार लेवले मध्ये नक्तेच व्यतस्थितपणे तपासण्याही पूर्ण होत नव्हत्या. पण नित्याश्रमा शिष्टापासून मला खूप मदत झाली.

नित्याश्रमा फाउंडेशन मध्ये रागळे मॅडमस घरी येऊन ही विकीट. घेतान ह्यामुळे मी नित्याश्रमांनी खूप खूप आभारी आहे.

माझ्या मोबा भाताला ही नित्याश्रमाकडून मदत मिळाली होतं. 1 वर्षे त्याला मदत मिळाली. त्याचे नाव किरण आहे.

प्रिती आहे.
 @Prati

Phase out counselling
 done.
 23/2/2017

नित्याश्रमा 3 वर्षे येऊन माझी खूप मानद झाली कमी येऊन सैधनी भेटल्या घरी घेत लेवले

खूप मानद होयच खूप मदत झाली गौण गौण खूप फायदा झाला

नित्याश्रमा मध्ये मगले मॅडम प्रेमणे बोलायचे रागायचे नाही मगले मॅडमने घेणे येऊन खूप मानद होयच

माझी परिस्थिती बसताना

माझला मदत मिळत होती नातेवाईक सुद्धा माझला मदत करत नव्हते पण नित्याश्रमा माझला मदत करत होती सर्व पण माझ्या शिष्टांणीय्या पदघाती वेळतात माझला हे तारे प्रमच्या मध्ये सोई ठरले ह्याकार:-

मी
 ज्योती देवकर
 मी 10/6/2016

Counselling done
 on 10/6/2016

मे सुब्बिना मोमीन मैं वहा पिछले तीन साल से आती हूँ। यहा मे लोहा बहुत अच्छे है बहुत अच्छी तरह समझते है।

इंसुलिन, ड्राइप, कंठरा तो देते ही है पर ड्राइम पर फोन करके एम्पार वगैर कैंसी चल रहा है यह भी पूछते है हर हॉटे म्हा के बाद घर आकर देरत भी है हमे नितेअरारा से बहुत हिमत मिली है मे आगे भी अपनी बाच्छी को देखभाल करने के कारीत बनी हूँ

S-S. Momin

Received on
 29.04.2016
 last clinic day
 counselling.



Nityaasha Foundation

401, 4th floor, Choice "A" Apartment, Opposite Ruby Hall Clinic, Pune - 411001, India.

Tel: +91 206522 7999, +91 9960024019

info.nityaasha@gmail.com

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