



HOPING FOR A BETTER LIFE BY PROVIDING EQUAL OPPORTUNITY

ANNUAL REPORT 2017 – 2018

MADHURASHA (T1DM) - ANNUAL REPORT APRIL 2017 – MARCH 2018

I. SERVICES PROVIDED BY NITYAASHA

1. No. Of Registered Children	125
2. Clinic Visit	70
No. of children for Doctor Consultation, Diet Counselling, Social Counselling & Disbursement of Medicine	789
3. Home visit	141
Diet Counselling, Insulin storage, T1DM Awareness, Social Counselling	
4. Follow-up calls	1642
5. Pathology Test	
a). Annual Check-up	125
b). HbA1c test (Half yearly & extra test for children from Red category group)	150
6. Eye Check-up	75
Cataract Surgery	1

II. NITYAASHA EVENTS

<p>A. Diabetes Awareness session at Nityaasha Centre during the clinic days. We focused on different topic likes what is Diabetes?, Insulin Storage , Injection technique, Sick Day Management, Diet & Exercise , Annual Pathology Test. 82 session taken and 580 beneficiaries attended the session.</p>
<p>B. T1DM Volunteer’s Get-together was organized at Nityaasha Centre on 13th May 2017 with main objective to get support and involve the volunteers by mentoring and motivating T1DM children and their families. 10 Volunteers present along with 12 T1DM adolescent children interacted.</p>
<p>C. Felicitation & Motivational Program was held on 12th August 2017 at National Institute of Naturopathy, Tadiwala Road Pune. 12 SSC children & 4HSC children were felicitated. 30 children with their parent attended.</p>

<p>D. Cookery session for Mother conducted at Nityaasha centre as diet is one of the important factor in Management of T1DM. Live demonstration was given to the mothers by our dietician. 10 T1DM beneficiaries mother attended the cookery session and 2 Diabetes Recipes was prepared i.e. Mix Flour Thalipeth & Hara-bhara Dhokala.</p>
<p>E. World Diabetes Day Events 2017</p> <ul style="list-style-type: none"> • On 14th November, Nityaasha celebrated World Diabetes day in association with “For You Foundation & E-square cinema” by taking 58 children for a Marathi movie “Faster Fene”. • Another program for the mothers’ of our registered T1DM children” Maa Tujhe Salaam” was organized with the IDF- World Diabetes Day 2017 Theme: “Women & Diabetes – our right to a healthy future.” 40 mothers attended the motivational program and also checked their random BSL test.
<p>F. Christmas Program at Phoenix, Nagar Road Nityaasha celebrated Christmas by taking 40 children below 10 years along with one parent at Phoenix Market City. This program was organised & Sponsored by “Phoenix & For You Foundation”.</p>
<p>F. Aptitude test & Career counselling for 4 children was conducted in association with Jnana Prabodhini Samshothan Sanstha at Nityaasha Centre on 30th December 2017.</p>

III. HIGHLIGHTS OF OTHER ACTIVITIES:

- In the month of April 2017, Nityaasha dispensed 6 Mitticool refrigerators to families who do not have a refrigerator to store insulin.
- Nityaasha participated in a 2 days NGO Expo 2017, at Mumbai from 25th to 26th May 2017.
- Skill Development & Sustainability: Ms. Deepa Choudhary, phase out T1DM child of Nityaasha was given an opportunity to attend Skill Development conducted by ENA Foundation on 8th September 2017.
- Nityaasha participated in Diwali Seva Mela along with “For You Foundation” at Phoenix Mall, Pune on 1st October 2017.
- 3 days Social Media Campaign for World Diabetes Day was planned on 13th, 14th & 15th November 2017. Post event write up & pictures were uploaded on Nityaasha websites.
- Closure of “Madhuraasha (T1DM) - Jehangir Project” on the basis of the criteria of children getting medical aid from other organization. No clinic visit scheduled since January 2018 onwards.
- Closure of “Divyaasha – Epilepsy Project” approved by Managing Committee Meeting on 30th January 2018.
- 3 Nityaasha Managing Committee Meeting were held on 8th April 2017, 29th July 2017 and 30th January 2018.

Divyaasha – Epilepsy Project

SERVICES PROVIDED BY NITYAASHA

1. No. Of Registered Children	23
2. Clinic Visit	10
No. of children for Doctor Consultation, Social Counselling & Disbursement of Medicine	63
3. Home visit	19
4. School Visit	01
5. Follow-up calls	368
6. EEG / MRI Test	5

Nityaasha Foundation office premises have shifted to Gyaan Adab centre, Kalyani Nagar, Pune on 20th February 2018. Changes in operational procedure are:

- Working Day: 2 days in a week (only on Tuesday & Thursday)**
- Timing: 10:30 am to 4:00 pm**
- Number of staffs: 2 (1 Medical Social Worker & 1 Pharmacist)**