

HOPING FOR A BETTER LIFE

BY PROVIDING
EQUAL OPPORTUNITY



Annual Report 2014-15





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MESSAGE FROM THE FOUNDER

Life is a precious gift but for less privileged children it is a challenge. This is even more evident with children suffering from Type 1 Diabetes and Epilepsy, two constant, unrelenting conditions that prevent them from living wholesome lives. It is only through understanding and mastering the conditions that these children can be given the opportunity to grow, mature and lead happy, fulfilling lives. Nityaasha was established to reach out to these children from families that do not have access to resources that can support them in their struggle to deal with these two debilitating conditions.

Driven by a holistic approach we provide education, guidance, monitoring and medical assistance essential for families to gain confidence in managing Type 1 Diabetes and Epilepsy at home and at school.

Our ultimate goal is to help these children control their disease and promote their overall development, paving the way towards a happy, healthy future.

We have impacted on the lives of 155 children and helped to transform their otherwise dismal condition into an enriching experience. For us, every child served is a life enabled and a dream fulfilled.

This is a drop in the ocean and the challenge looms large. The plight of children who suffer from these debilitating conditions is heart rending. Apart from providing quality services to those in need, it is imperative to increase awareness about children suffering from Type 1 Diabetes and Epilepsy so that a better understanding is effected in the public domain and urgent assistance comes to this otherwise neglected sector.

We cannot do this alone with our existing resources. We appeal to individuals and organizations to generously support our efforts to extend Nityaasha's holistic, human care, to more children so that they too may enjoy the precious gift of life.



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Hope

TRUSTEES REPORT

Highlights of Achievements of Nityaasha Foundation FY 2014-15

- Nityaasha successfully completed one year since its inception in July '14. 126 children are registered under "Madhuraasha" Program.
- Relocation of Nityaasha Centre into a bigger set up for quality services and accessibility.
- Networking with other organizations like International Diabetic Federation (IDF, Australia), Diabetes Association of India, Pune Chapter, Shobhana Foundation (providing education aid to some of our children), National Institute of Ophthalmology (NIO) for annual Eye check-up, Dental Solutions for annual dental check-up.
- Cataract surgery was successfully performed on 2 children in collaboration with H.V. Desai Eye Hospital, Pune.
- Eminent Pediatric Endocrinologist, Dr. Arundhatee Khare joined Nityaasha Foundation as a Panel Doctor to support this noble cause.
- Impact of our valued services:
 - No hospitalization due to any Diabetic Emergencies (DKA/Hypoglycemia/Hyperglycemia)
 - Marked improvement seen in HbA1c levels, which is an important benchmark in the management of T1DM
 - Due to close monitoring & counseling, 8 children successfully passed their SSC examinations with flying colors (Highest score 91%)
- In soaring summer temperatures, some needy families had no refrigerators to store insulin. Nityaasha identified an alternative storage facility "Mitticool Refrigerator", and ordered 31 of them to help the families combat this issue.
- Started using Educational materials like flip charts to educate and better explain the management of T1DM to the eco-structure around the enrolled child, during home visits/ clinic visits/ school visits.
- Contributed in preparing Diabetes Educational Material in Marathi for International Diabetes Federation, Australia, for their website. <http://www.idf.org/lifeforachild/diabetes-education-resources/marathi>
- Published recipe books in Marathi & English.
- Conducted many "Diabetes Awareness Programs" in Schools.
- Organized World Diabetes Day program in association with Diabetes Association of India, Pune Chapter, along with many other events throughout the year.
- During this year we got vast media coverage and articles were published to highlight the work of our Foundation.
- Nityaasha Foundation with the support and guidance of 6 eminent Pediatric Neurologists: Dr. Deepa Divekar, Dr. Kavita Shrivastava, Dr. Surekha Rajadhyaksha, Dr. Umesh Kalane, Dr. Nisha Deshpande, Dr. Nandan Yardi launched a new program "Divyaasha" – for children with Epilepsy from the underprivileged section of the society, on 28th February 2015. Enrolled 8 children till date.

Managing Committee Meetings & Resolutions FY 2014-15

1. 24th April 2014

Resolution:

Expansion of Nityaasha Centre by relocating to bigger premises for quality services and easier accessibility for our beneficiaries.

2. 3rd July 2014

Resolution:

- a) To apply for FCRA (Foreign Contribution Regulation Act) to use any foreign donations.
- b) Decision to appoint a Pharmacist and one more Medical Social Worker.

3. 13th September 2014

Resolution:

- a) Joining of eminent Pediatric Neurologist Dr. Deepa Divekar, as a Managing Committee Member of Nityaasha Foundation.
- b) To apply for Drug License.

4. 20th December 2014

Resolution:

Initial discussion to start a new program "Divyaasha"- Epilepsy in Children, under the guidance of Dr. Deepa Divekar, along with a team of other doctors from the same fraternity.

5. 20th March 2015

Resolution:

- a) To allocate a budget of Rs. 10 Lakhs for FY 2014-15 for hospitalization of any Diabetes related emergencies for its enrolled T1DM children.
- b) To enroll 25 children under "Divyaasha"- Epilepsy in Children program in the next financial year.



ABOUT NITYAASHA FOUNDATION

Nityaasha Foundation, a registered charitable trust (80 G certified), was established on 25th July 2013. It began by launching its first program, MADHURAASHA which has been working for economically less fortunate children and young people between 0 and 18 years affected by Type 1 Diabetes.

Through this program, the Foundation provides them free medical aid and takes care of their annual pathology tests, checkups, diet and social counselling. Along with this, there is continuous monitoring and educating through regular home and school visits as well as follow-up phone calls to help them face and manage this disorder.

Nityaasha Foundation launched its second program, DIVYAASHA, on 28th February 2015 focusing on Children with Epilepsy.



VISION, MISSION & OBJECTIVE



VISION

Providing an equal opportunity for all to cherish the gift of life.

MISSION

To bestow healthy life by fulfilling the medical needs of the underprivileged through holistic support.



OBJECTIVE

To provide a stable & healthy life to children from the economically weaker section of society, who are trying to cope with a life threatening disorder.

FOUNDERS & TRUSTEES, MANAGING COMMITTEE MEMBERS



Farook Merchant [Founder and Trustee]

Chairman & Managing Director of Messung Group of Companies, Mr. Merchant is a successful entrepreneur who built Messung from a one-man company to a 500-member team. A born humanitarian, Mr. Merchant established Nityaasha Foundation in 2013, dedicated to the care of children from underprivileged sections who suffer from Type 1 Diabetes & Epilepsy.



Nasima Merchant [Founder and Trustee]

Mrs. Nasima Merchant is an inspiration to women who rue the missed opportunity of higher education. In her forties, Nasima went back to college. She not only pursued a bachelor's degree in Urdu but did a Master's too and stood first in Poona College. She is closely associated in all the day to day activities of Nityaasha Foundation. She goes for home visits to interior rural areas and urban slums, where she interacts with the children and their families and understands their problems.



Gulshan Maskati

A graduate in Psychology from Pune University, Mrs. Maskati has worked with children at the Pediatric Endocrine Department at Hirabai Cawaji Jehangir Medical Research Institute, as well as in other community related social work. Her endeavours have given her an insight into the social limitations of underprivileged families and the support they need in order to combat diseases like Type 1 Diabetes.



Kasturi Shankar

Having completed her Masters in Social Work from Lucknow University in 1967, Mrs. Shankar has had a long and distinguished career in social work, across many fields. Mrs. Shankar has decades of experience, having been involved with children and women related causes around the country, and having developed child- and community-centric programs in the slum areas of Pune. Her expertise is invaluable to Nityaasha's mission.



Dr. Iqbal Musani

Having completed his MDS in 1999 in Pedodontics and Preventive Dentistry from the Rajiv Gandhi University of Health Sciences (Bangalore), Dr. Musani has been an active contributor in the field of dentistry. He has also provided his expertise to social causes and routinely conducts dental checkups and treatment camps for various NGOs.



Dr. Deepa Divekar

Dr. Divekar is a Pediatric Neurologist and Medical Director of Sahyadri Group of Hospitals. She has experience working with children, having worked for 14 years at St. John's Home for Women & Children. She is the founder trustee of Pune Institute of Neurology, for the care and treatment of Childhood Epilepsy. Her interest lies in the medical care of children suffering from chronic illnesses and also in children with special needs.



Fatima Lilani

With close to 20 years of experience, Mrs. Lilani is a senior professional in the field of social development. Mrs Lilani has developed specialised focus to address the social, psychological and economic challenges associated with Palliative Care. Her dedication to this cause has led to the undertaking of various positions in this field.

ASSOCIATED DOCTORS & REFERENCES

References of children from economically weaker section of the society with Type 1 Diabetes/Epilepsy are given to Nityaasha by the doctors.

Presently Nityaasha is associated with the following doctors and work as per their medical guidance.

Program – “Madhuraasha” – Type 1 Diabetes in Children

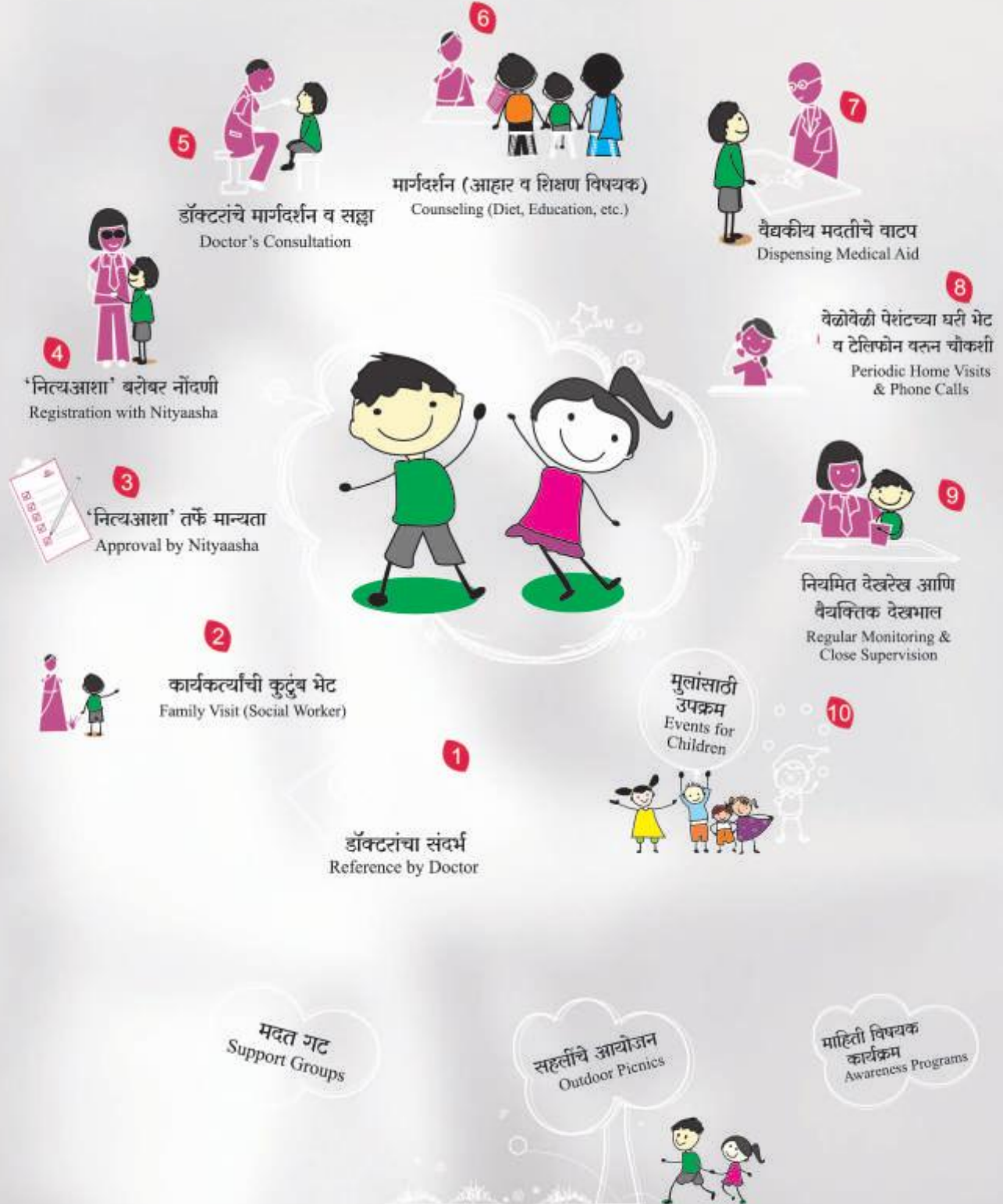
Name of Hospital	Name of Doctors	No. of Referred Children
Jehangir Hospital Bharti Hospital	Dr. Vaman Khadilkar Dr. Anuradha Khadilkar Dr. Supriya Phanse Dr. Rahul Jahgirdar	55
KEM Hospital, Diabetes Unit	Dr. C.S.Yajnik Dr. Kalpana Jog Dr. Meena Kumari Dr. Smita Dhadge	68
Deenanath Mangeshkar Mai Mangeshkar Sahyadri Hospital Sterling Hospital	Dr. Arundhatee Khare	03

Program – “Divyaasha” – Epilepsy in Children

Name of Hospital	Name of Doctors	No. of Referred Children
Sahyadri Hospital	Dr. Deepa Divekar	04
Deenanath Hospital	Dr. Surekha Rajadhyaksha	01
Unique Hospital	Dr. Umesh Kalane	03

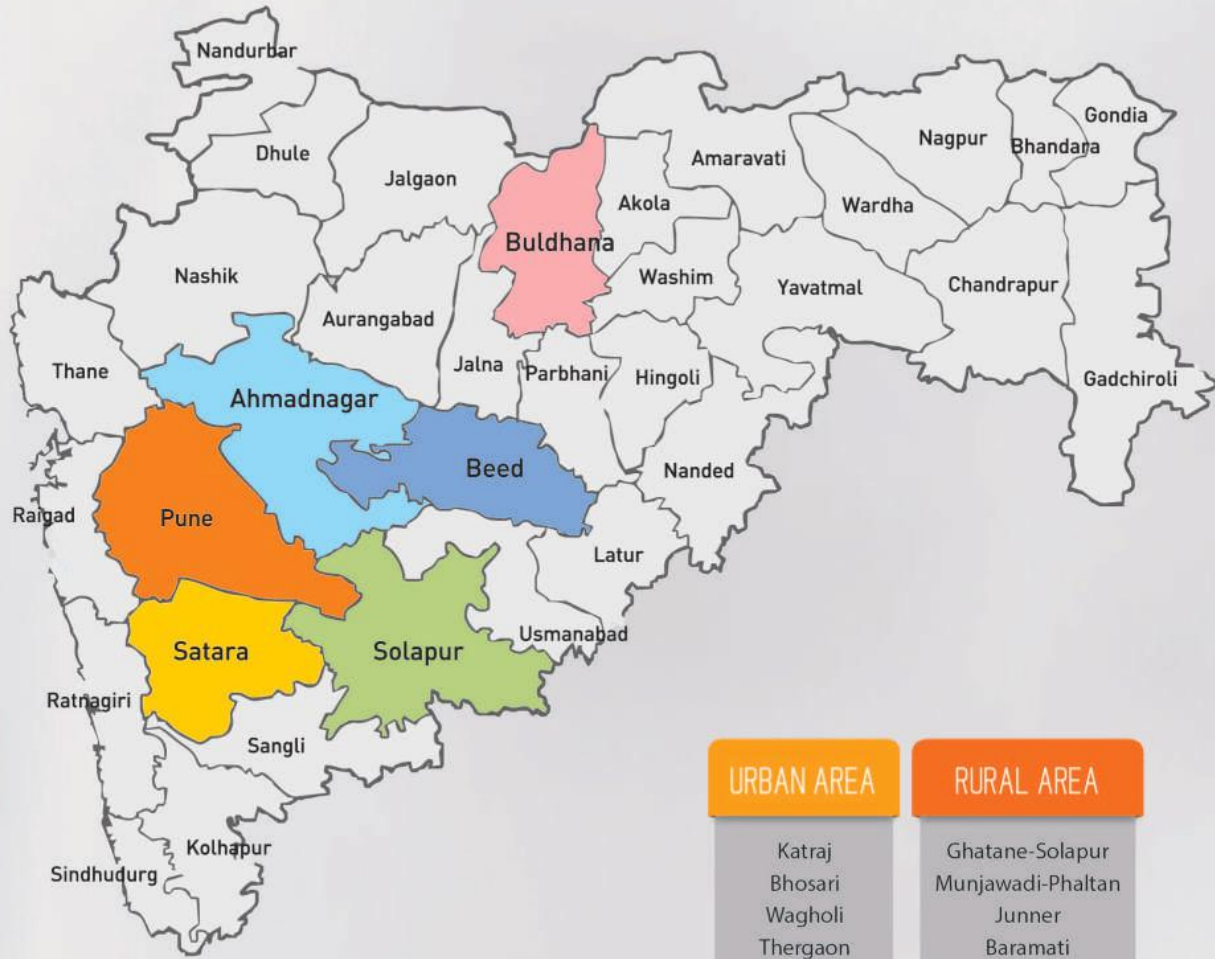
NITYAASHA PROGRAM LIFECYCLE

The process of selecting a child as our beneficiary follows a stringent set of rules that govern the procedure.



OUR REACH

Nityaasha's helping hands reach out to needy children across Pune and beyond. We are helping children in towns and rural interiors in different districts of Maharashtra - highlighted in colour on the map. We hope to spread our network of care to many more regions in the future.



LOCATIONS OF REGISTERED CHILDREN

URBAN AREA	RURAL AREA
Katraj	Ghatane-Solapur
Bhosari	Munjawadi-Phaltan
Wagholi	Junner
Thergaon	Baramati
Chakan	Ashti-Beed
Bavdhan	Singapur-Purandar
Bhugaon	Alandi
Nigadi	Jejuri-Purandar
Vishrantwadi	Nasrapur
Hadapsar	Velu-Bhor
Khadki	Lonavala
UraliKanchan	Salpe-Satara
Hinjewadi	Mulshi
Koregaon Park	Shelgaon-Baramati
Camp	Mahabaleshwar
Dhanori	Junnar
Mundhwa	Talegaon
Ambegaon	Satara
Chinchwad	Rahuri

THE CHILD CARE PROGRAM

A) Enrollment process

a. Initial Home Visits

The Enrollment Process starts with the initial home visit which is planned after getting a reference from a doctor or after some patient approaches us for help. Nityaasha's Medical Social Workers visit the home of the afflicted child to understand and assess the child's medical history, socio-economic condition of the family, support system, etc.

As per our selection criteria, the social workers prepare a brief report and send it to the Managing Committee for a thorough screening.



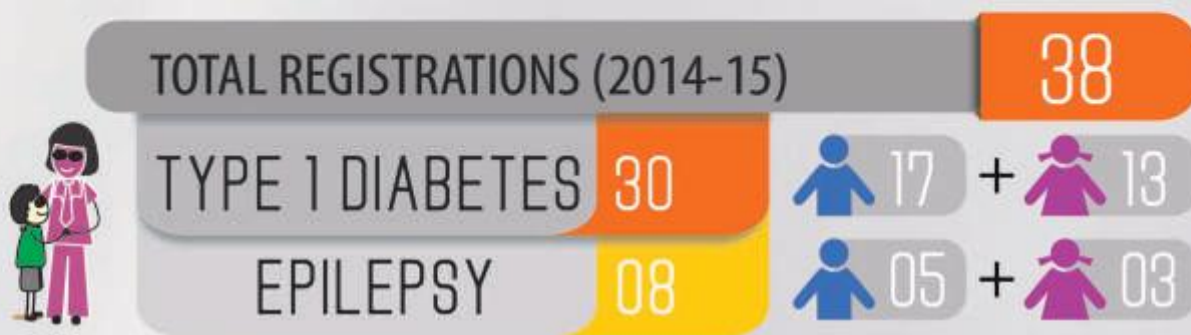
TOTAL HOME VISITS

40



b. Registration & Enrollment

After approval and selection by the Managing Committee, the patients are enrolled under Nityaasha care.



b. Supervision and Monitoring

Follow-up Home/School Visits are the most important and unique aspect of Nityaasha's care. We reach out to the families 'at home', and are able to achieve our objectives by:

- Educating the family members and the eco structure around the child using flip charts, and other educative materials
- Spreading awareness about the disorders
- Developing rapport with the families by giving them moral support and confidence to lead a normal life.

Follow-up Calls

These are a vital part of Nityaasha's supervision & monitoring. Regular calls to the enrolled patient's family helps us to check on the condition of the child, provide reminders regarding diet, medication, clinic visits, etc., and reiterate our concern and support for the child.





B) Post Enrollment

a. Clinic Visits

Post-enrollment, clinic visits at the Nityaasha Centre are mandatory for Nityaasha's childrens. For children with Type 1 Diabetes, clinic visits are once every 2 months; for Epilepsy childrens, it is once every 3 months.

Clinic visits at Nityaasha Centre typically include multiple services:

- **Doctor's Consultation**
- **Diet Counseling:** Diet plays an important role for a Type 1 Diabetic child. Diet counseling is done by our dietitian during clinic visit.
- **Social Counseling:** Our team understands the family's socio-psycho problems and counsels them to deal with various crises.
- **Diabetes Educator:** The educator educates the family on Type 1 Diabetes, its management and how to handle emergencies. The patient and family are also taught Self Blood Glucose Monitoring (SBGM) and how to maintain a diary to record the sugar levels.
- **Dispensing of medical aid:**
 - o Free insulin, lancets, strips, syringes, etc. are provided
 - o Glucometer & cold chain bags are dispensed once at the time of registration
 - o Diabetic and anti-Epileptic Medicines are dispensed as per doctor's prescription



TOTAL CLINICS

84

TOTAL NO. OF CHILDREN AT CLINICS

704







C) Annual Checkups

Pathology Tests

All children with Type 1 Diabetes should be assessed annually to monitor their glycemic control, and for early detection of any diabetic complication.

NO. OF ANNUAL PATHOLOGY TESTS (incl. of HbA1c)

117

NO. OF HALF YEARLY HbA1c TESTS

109

Eye and Dental Checkups are a crucial part of diabetes care. Children with Type 1 Diabetes are at risk of eye damage due to diabetic retinopathy, and are also prone to periodontal (gum) disease, an infection of the gums and bones that can lead to painful gums, chewing difficulties and even tooth loss.

Eye screening is a key part of our diabetes care. Diabetic retinopathy, if neglected and untreated, can lead to sight loss.

An Eye Checkup Camp for Nityaasha children was held at National Institute of Ophthalmology, Pune.

Dental Checkups were organized for the enrolled children where they were also counselled about the need for daily brushing & flossing, regular dental checkups and good blood glucose control to prevent the oral complications of Type 1 Diabetes.



TOTAL NO. OF EYE SCREENINGS

103

NO. OF CATARACT SURGERIES

02

TOTAL NO. OF DENTAL SCREENINGS

54



D) Red Category

Children with HbA1c above 10% are kept in Red Category. Extra attention, continuous monitoring, and education are given to these families.

The term HbA1c refers to glycated haemoglobin. It develops when haemoglobin, a protein within red blood cells that carries oxygen throughout your body, joins with glucose in the blood, becoming 'glycated'. By measuring glycated haemoglobin (HbA1c), clinicians are able to get an overall picture of what our average blood sugar levels have been over a period of last 3 months. For children with Type 1 Diabetes, this is important as the higher the HbA1c, the greater the risk of developing diabetes-related complications.



HBA1C TESTS IN 2014-15

107

**NO. OF CHILDREN
IN RED CATEGORY**

44



19



+



25

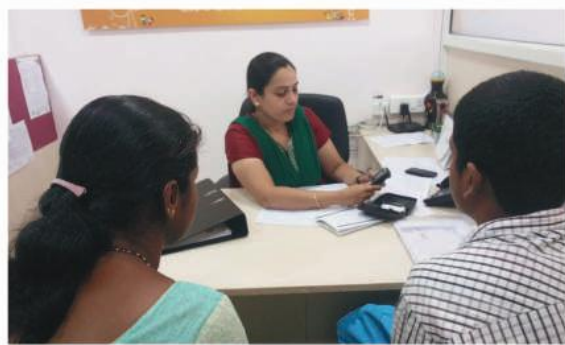
Diabetes Control Card	HbA _{1c} test score	MEAN ABLOOD GLUCOSE	
		mg/dL	mmol/L
	14.0	380	21.1
	13.0	350	19.3
	12.0	315	17.4
	11.0	280	15.6
	10.0	250	13.7
	9.0	215	11.9
	8.0	180	10.0
	7.0	150	8.0
	6.0	115	6.3
	5.0	80	4.7
4.0	50	2.6	



DIABETES EDUCATION

Nityaasha conducts educational sessions on Type 1 Diabetes during Clinic, Home Visits and School Visits. Medical Social Workers with the help of flip charts and videos, explain and educate about Type 1 Diabetes and its management to the families and the eco-structure around the child. The following topics were covered in 2014-15.

- What is Type 1 Diabetes?
- Diet & Exercise
- Hypoglycemia/Hyperglycemia
- Injection Technique
- Sick Day Management
- Managing Type 1 Diabetes during festivals
- Importance of Annual Pathology Tests & Checkups



FAMILY AND CHILD MOTIVATIONAL PROGRAMS

A complete holistic caring program includes fun, entertainment and a celebration of life.

FELICITATION PROGRAM (SSC & HSC STUDENTS)

Motivational Program

Date: **30th June 2014**

Venue: **Gyaan Adab Centre**

Felicited by: **Dr. Ramesh Godbole**, Secretary,
Diabetes Association of India, Pune Chapter



INDEPENDENCE DAY CELEBRATION

Motivational & Fun Activity

Date: **24th August 2014**

Venue: **National Institute of Naturopathy (NIN)**





SCHOOL AWARENESS PROGRAM

Diabetes Awareness Session for Teachers

Date: 22nd October 2014

Venue: CMS Auditorium, Chinchwad

By: Dr. A.Khadilkar, Pediatrician



WORLD DIABETES DAY

Cultural Events, Diabetes Awareness Session, Cookery Demonstration

Date: 9th November 2014

Venue: Abasaheb Garware College Hall
In Collaboration with Diabetes Association of India, Pune Chapter & Nityaasha



PICNIC TO CELEBRATE CHRISTMAS

**Fun & Entertainment, Diabetes Awareness,
Nityaasha Family Get-together**
Date: 29th December 2014
Venue: **Empress Botanical Garden**
Diabetes Association of India, Pune Chapter



INTERACTIVE SESSION

**Interaction with Volunteers,
Motivational Program**
Date: 31st December 2014
Venue: **Gyaan Adab Centre**



DONATION OF STORAGE FACILITIES

It is necessary to maintain a cold chain for storing insulin. As many of our families do not own a refrigerator, we dispensed 31 Mitticool Refrigerators to store insulin. These innovative, eco-friendly refrigerators made of clay, do not require any electricity or other power, and serve the purpose of preserving insulin efficiently.





HUMAN RESOURCES



Anuja Shams [Project Director]

She is a graduate in English Literature and Sociology from Sambalpur University, Odisha and holds a Post-Graduation Diploma in Public Relations from IFPR (PRSI, Rourkela Chapter). As the Project Director of Nityaasha Foundation, her positive attitude towards life and love for children motivates her to take challenges to provide best quality services and holistic support to underprivileged families.



Subhashini Naorem [HOD, Social Welfare Department]

Subhashini Naorem has enjoyed a long and successful innings in the social development sector (NGOs) and hospitals with over eleven years of work experience.

A qualified B.Sc. (Hons.) Nursing from the Rajkumari Amrit Kaur College of Nursing, New Delhi, Subhashini is also equipped with a post graduate MSW degree from the prestigious Tata Institute of Social Sciences, Mumbai, and specializes as a medical and psychiatric social worker.



Purnima Athavle [Medical Social Worker]

Purnima is an MSW in Medical & Psychiatric Social Work from the SIBER Institute (Kolhapur) with over five years of work experience. She has also applied for Adolescent Counseling at Jnana Prabhodhini, Pune. She has worked on various projects/NGOs including "Shyamchi Aai" which promotes and mentors the education of children from economically weak families. This afforded her valuable exposure to the grass-root problems of society.



Harshada Naik [Medical Social Worker]

Harshada is a Graduate in Psychology, Pune University (2006-2009), a PG Diploma in Psychology (Nottingham Trent University, UK) and Masters of Social Work specializing in Medical and Psychiatry, from Karve Institute of Social Service, Pune. She has worked as a volunteer in Ruthland School for Children suffering from Cerebral Palsy, and with Manasvardhan De-Addiction and Mental Health Rehabilitation Centre, Pune.



Zeenat Imran Shaikh [Asst. Nurse]

Zeenat has a certificate in Nursing (2000) and has about 4 years of work experience in the field.



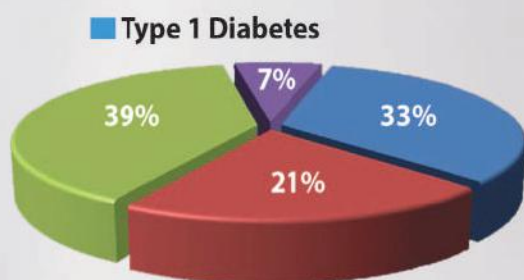
Deepali Sanjay Salve [Asst. Accountant & Administrator]

After a B.Com Degree from Pune University in 2008, Deepali also did a course in Software Basic (2004) and Accounting course in 2011. She has over 5 years of work experience.

FINANCIALS

TOTAL EXPENSES

EXPENSES INCURRED DURING FY 2014-15	AMOUNT (Rs.)
Direct Medical Aid	18,19,513
Clinical Services	11,76,720
Supervision, Monitoring & Motivational Program Cost	21,43,118
Administration	3,91,134
TOTAL	55,30,485



- No of Children **126**
- Per Child Cost **Rs 43,380/-**
- Total Cost **Rs 54,65,823/-**

Epilepsy

NOTE

Launched Epilepsy Program in February 2015 and enrolled 8 Children on our first clinic in March 2015

- Total Cost **Rs 64,661/-**

DIRECT MEDICAL AID: Insulin, Monitoring Devices, (Glucometer, Gluco-strips, Syringes, Lancets), Pathology Tests, EEG, MRI Tests (for Epileptics)

CLINICAL SERVICES: Consultation Charges (Doctors, Dieticians, Diabetes Educators), Staff Salary & Expenses (Nursing Assistant, Social Workers & Pharmacists), Children Activities & Refreshments, Miscellaneous Charges (Rent, Stationery, Electricity, Telephone, etc.)

SUPERVISION, MONITORING & MOTIVATION PROGRAM COSTS: Staff Salary & Expenses (Medical Social Worker), Event Expenses, Conveyance Expenses (Home visits), Miscellaneous Charges (Rent, Stationery, Electricity, Telephone, etc.)

ADMINISTRATION: Staff Salary & Expenses (Administration), Recruitment, Guest Expenses, Legal Expenses, Miscellaneous Charges (Rent, Stationery, Electricity, Telephone, etc.)

FINANCIAL DATA

NITYAASHA FOUNDATION Balance Sheet as on 31st March, 2015

(Amount in Rs.)

	As on 31.03.2015	As on 31.03.2014
SOURCE OF FUNDS		
Corpus	4,180,000	1,580,000
Resources C/f (Note 1 below)	(3,084,449)	(3,540,504)
Current Liabilities	367,875	2,715,408
Total	1,463,426	754,904
APPLICATION OF FUNDS		
Non Current Assets		
Fixed Assets (net of depreciation)	1,041,259	702,430
Other non current assets	150,000	-
Current Assets		
Cash, bank balances and deposits with banks	272,167	52,474
Total	1,463,426	754,904

Note (1). Represents resources net of surplus / (deficit) carried forward from the Income & Expenditure statement.

Income & Expenditure Account for the year ended 31st March, 2015

(Amount in Rs.)

	For the period 01.04.2014 to 31.03.2015	For the period 01.04.2013 to 31.03.2014
INCOME		
Donations	6,147,204	110,000
Interest & others		
Total	6,147,204	110,000
EXPENITURE		
Expenditure on Object of the Trust (Note 2)	5,440,512	3,491,003
Establishment Expenses (Note 3)	89,974	39,259
Depreciation	160,663	120,242
Total	5,691,149	3,650,504
Surplus / (Deficit) c/f Balance Sheet	456,055	(3,540,504)

FINANCIAL DATA

NITYAASHA FOUNDATION

(Amount in Rs.)

	For the period 01.04.2014 to 31.03.2015	For the period 01.04.2013 to 31.03.2014
Expenditure on Object of the Trust (Note 2)		
Purchase of Medicines	1,798,513	970,038
Salary	1,944,309	1,343,475
Medical Consultation Charges	601,844	345,624
Pathology test	21,000	-
Events	9,736	58,034
Food and Beverage	5,802	10,393
Communication Charges	11,942	3,216
Electricity Charges	31,365	14,198
Printing and Stationery	117,553	195,435
Rent rates and taxes	404,681	232,208
Website Development Cost	152,865	194,058
Staff Welfare	33,384	11,938
Guest welfare	5,621	-
Repairs and Maintenance	47,052	32,307
Travelling and Conveyance	30,464	73,273
Branding & Designing	165,421	-
Commission	35,395	-
Internet expense	23,566	-
Other Expenses	-	6,806
	5,440,512	3,491,003
Establishment Expenses (Note 3)		
Recruitment Charges	-	13,478
Office Expenses	69,836	19,296
Interest Others	-	118
Bank Charges	-	562
Electricity Charges	10,455	4,733
Communication Charges	3,981	1,072
Celebration expenses	2,940	-
Interest:		
TDS	1,540	-
Profession tax	1,222	-
	89,974	39,259

TESTIMONIALS

ENCOURAGING FEEDBACK

Nityaasha is happy and gratified to be making a difference. This feedback from the parents inspires and motivates us even further.

मी अंकीत वय ४ वर्ष ५ महिने / मुलगा आणि राहुल (नाव बदललेले आहे) वय १० वर्ष ५ महिने / मुलाची आई!
नित्याशा या संस्थेबद्दल मी माझे मनोगत व्यक्त करते कि, या संस्थेनी आमचं मनोबल वाढवण्यात भरपूर मदत केली आहे या संस्थेद्वारे आम्हाला इन्सुलिन, साखर तपासण्यासाठी स्ट्रिप्स मिळतात.

नित्याशा संस्थेमध्ये आल्यावर आम्हाला खूप बरं वाटतं! आमची परीस्थिती एवढी चांगली नाही कि माझ्या दोन्ही लेकरांचा मधुमेहाकरिता लागणारा खर्च पूर्ण करू शकू आणि अश्या या वेळेत नित्याशा या संस्थेनी आम्हाला सहारा दिला!

मी पंकज पाटील (नाव बदललेले आहे) वय ७ वर्ष २ महिने / मुलाची आई तुम्हास सांगू इच्छिते कि माझ्या मुलाला चार वर्षांपासून मधुमेह आहे आणि नित्याशा या संस्थेसोबत आम्हाला तीन वर्ष झाले आहेत माझ्या मुलाकरिता इन्सुलिन चा येणारा जो खर्च होता तोही मी करू शकत नव्हते कारण आमची परीस्थिती तेवढी चांगली नव्हती आज माझा मुलगा शारिरीकदृष्ट्या चांगल्या परिस्थितीत दिसतोय ते फक्त नित्याशा संस्थेमुळेच दिसतोय

आम्हाला या संस्थेची लोकं खूप जीव लावतात माझ्या मुलाला जेव्हा मी म्हणते कि चल आज नित्याशाला जायचं आहे तेव्हा तो उत्साहाने तयार होतो. आम्ही खर्च खूप आभारी आहोत या संस्थेचे कि ते आम्हाला खूप मदत करतात.

मैं वहिदा सोमिन (नाम बदल दिया गया है) उम्र १० साल / बेटा कि माँ यह बताना चाहती हूँ कि मैं यहा पिछले तीन सालोसे आती हूँ यहाँ के लोग बहुत अच्छे है। इन्सुलिन स्ट्रीप वर्गंरा तो देतेही है। पर समय – समय पर फोन करके शुगर वर्गंरा कैसी चल रही है ये भी पूछते है। हर छे: माह के बाद घर आकर देखते भी है। हमे नित्याशा से बहोत हिम्मत मिली है और इसी वजह से मैं आगे भी अपनी बच्ची कि देखभाल करने के काबील बनी हूँ



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