

# **HOPING FOR A BETTER LIFE BY PROVIDING EQUAL OPPORTUNITY**

# <u>ANNUAL REPORT 2019 – 2020</u>

### I. SERVICES PROVIDED BY NITYAASHA

1. No. Of Registered Children	78 – April 2019
	80 – March 2020
2. No. of new Registered children	8
3. No. of phased out children	06
4. Nityaasha centre visit No. of children for centre visit for Psycho - Social Counselling, Disbursement of Medical Aid. Insulin dispensed to children from MedPlus store, Kalyani Nagar.	491
5. Home Visit Diet & Social counselling, Insulin storage, BSL monitoring &T1DM awareness.	07
6. Follow –up calls	1100
7. Pathology test	
A). Annual Check-up	76
B). HbA1c test (Half yearly & Red category children)	74

# II. <u>HIGHLIGHT ACTIVITIES:</u>

Nityaasha children SSC Result 2019: 8Children appeared for the  $10^{\rm th}$  Board exam in which 5 children passed.

 Ms. Supriya Mali, Pharmacist has resigned from the Nityaasha w.e.f 6<sup>th</sup> June 2019 and Mrs. PragatiFulmali has joined Nityaasha from 1<sup>st</sup> October 2019 as a Medical Social Worker.

- Half yearly & Annual Pathology test (Red Category HbA1c above 10%): i). 69 children completed half yearly HbA1c test organized at GyanAdabcenter on 6<sup>th</sup>& 27<sup>th</sup> July 2019. During these camps, GyaanRuchiteam interacted with the parents to counsel them for better Income Generation opportunities. On the same day, notebooks donated by Mr. Rakesh Dhotre, a well-wisher, were distributed to all the children present.
  - ii). 5 children half yearly Hba1c test was done in the month of August & September 2019.
  - iii). Out of 74 children, 35 children are in Red category (HbA1c above 10%).
  - iv). Annual pathology test: 76 children completed their annual pathology test scheduled in the month of December 2019 & January 2020. 25 children are in Red Category.

Pathology test schedule	Month	No. of children test done	No. of children in Red Category
Half Yearly Pathology	July & August' 19	75 children	35 children
Test			
Annual Pathology Test	Dec.'19 & Jan.'20	76 children	25 children

- Nityaasha team joined Dussehra celebration organised by Messung Group of Companies at GyanAdab on 7<sup>th</sup> October 2019. Mrs. Gulshan Maskati, Nityaasha Managing Committee member gave brief presentation on Nityaasha and work done during the year.
- On 17<sup>th</sup> October 2019, in coordination with GyanRuchi, a Cervical Cancer Screening test was conducted at GyanAdab. This camp was organized by Inner Wheel Club of Pune Downtown. 19 mothers of Nityaasha beneficiaries participated in the screening camp.
- Nityaasha Foundation celebrated World Diabetes Day program at GyanAdab Centre on 16<sup>th</sup> November 2019. Since the Global theme was "Family and Diabetes", we selected a specific topic "Issues & Challenges of Type 1 Diabetes in Adolescence" for the celebration. 32 children attended the program along with an interaction session amongst themselves. Fun filled games with gifts were organised by members of Inner Wheel Club of Pune Downtown.
- 20<sup>th</sup> Nityaasha Managing Committee meeting was held at GyanAdab centre on 10<sup>th</sup> January 2019.
- Nityaasha website in coordination with Joytree Software was updated.
- Nityaasha Foundation organized an interactive session on "Importance of

Maintaining Blood Sugar levels" at GyanAdabCenter on 8<sup>th</sup> February 2020. This session was specifically planned for our children who are in Red category (HbA1c is above 10%) along with their caretakers to share challenges and issues faced by them in daily BSL monitoring.

- 30 children along with their parents participated in an interactive session with Dr.
   Milind Patil, Diabetologist & Endocrinologist who spoke on day to day management of T1DM.
- Random blood sugar test was organized for 37 Caretakers/ parents who attended the session. 6 persons had high blood sugar levels, out of which 2 of them were known case of T2DM and 4 of them were unaware of their status.
- Also a session on Importance of maintaining important documents (Ration card, Aadhar card, property documents etc.) was conducted by the GyaanRuchi and Inner Wheel Club of Poona Downtown.

## III. Audit Report to be attached by Account Dept.